

# Metabolism of calcium and phosphate. Osteoporosis

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Practical lesson in medical biochemistry

*General Medicine*

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## Task 1: Estimation of inorganic phosphate in serum and urine

### Reagents:

Commercial kit Bio-La-Test PHOSPHORUS UV Liquid 250, made by Erba-Lachema s.r.o.



1. **Working solution:** Sulfuric acid 210 mmol/l, ammonium molybdate 650 mmol/l
1. **Standard solution of phosphate 1.61 mmol/l**
2. **Serum** – unknown sample (infectious material)
3. **Urine** – unknown sample (infectious material) **diluted 25×**

### Procedure:

Measure reagents to **plastic (!) single-use test tubes** according to the following table:

Measure in ml:	Serum sample (Tube No. 1)	Urine sample (Tube No. 2)	Standard (Tube No. 3)	Blank (Tube No. 4)
Working solution	1.0	1.0	1.0	1.0
Serum	0.01	-	-	-
Urine (diluted)	-	0.01	-	-
Standard solution	-	-	0.01	-
Ultrapure water	-	-	-	0.01

Mix and incubate 5 minutes at 37 °C. Measure the absorbances of serum, urine and standard against the blank at 340 nm in new 1 cm plastic cuvette. The coloration is stable for one hour.

### Calculations:

#### Concentration of inorganic phosphate in serum (fS-P inorg.):

$$\text{fS-Inorganic phosphate (mmol/l)} = \frac{A_{\text{serum}}}{A_{\text{standard}}} \times C_{\text{standard}}$$

#### Concentration of inorganic phosphate in urine (U-P inorg.):

$$\text{U-Inorganic phosphate (mmol/l)} = \frac{A_{\text{urine}}}{A_{\text{standard}}} \times C_{\text{standard}} \times \text{Dilution of urine}$$

#### Daily output of inorganic phosphate into urine (dU-P):

$$\text{dU-Inorg. phosphate (mmol/24 hrs)} = \text{U-Inorg. phosphate (mmol/l)} \times \text{Volume of urine (liters/24 hrs)}$$

## Task 2: Estimation of total calcium in serum and urine

### Reagents:

Commercial kit Bio-La-Test CALCIUM Liquid 250, made by Erba-Lachema s.r.o.



1. **Working solution:** MES buffer pH 6.5 100 mmol/l, arsenazo III 200 µmol/l
2. **Standard solution of calcium 2.5 mmol/l**
3. **Serum** – unknown sample (infectious material)
4. **Urine** – unknown sample (infectious material) **diluted 4×**

### Procedure:

**N.B.:** Ultrapure deionized water must be used for this experiment both for the blank and for rinsing the cuvettes in between measurements.

Measure reagents to **plastic (!) single-use test tubes** according to the following table:

Measure in ml:	Serum sample (Tube No. 1)	Urine sample (Tube No. 2)	Standard (Tube No. 3)	Blank (Tube No. 4)
Working solution	1.0	1.0	1.0	1.0
Serum	0.01	-	-	-
Urine	-	0.01	-	-
Standard solution	-	-	0.01	-
Ultrapure water	-	-	-	0.01

Mix and incubate 1 minute at 37 °C. Measure the absorbances of serum, urine and standard against the blank at 650 nm in new 1 cm plastic cuvette. The coloration is stable for one hour.

### Calculations:

#### Concentration of total calcium in the serum (S-Ca):

$$\text{S-Calcium (mmol/l)} = \frac{A_{\text{serum}}}{A_{\text{standard}}} \times C_{\text{standard}}$$

#### Concentration of calcium in the urine (U-Calcium):

$$\text{U- Calcium (mmol/l)} = \frac{A_{\text{urine}}}{A_{\text{standard}}} \times C_{\text{standard}} \times \text{Dilution of urine}$$

#### Daily output of calcium into urine (dU-Calcium):

$$\text{dU-Calcium (mmol/24 hrs)} = \text{U-Calcium (mmol/l)} \times \text{Volume of urine (liters/24 hrs)}$$

### Task 3: Estimation of catalytic concentration of alkaline phosphatase and its isoforms

#### Reagents:

Commercial kit *Bio-La-Test Alkalická fosfatáza 120* manufactured by Erba-Lachema s.r.o.. is used.

1. **Buffer:** N-methyl-D-glucamine pH 10.1, 0.35 mol/l, NaCl 70.0 mmol/l, MgCl<sub>2</sub> 0.5 mmol/l
2. **Substrate:** 4-nitrophenyl phosphate disodium salt 15 mmol/l in the buffer described above  
(Concentrations in the final reaction mixture)
3. **Inhibitor:** Sodium hydroxide 1 mol/l, Chelaton 3 30 mmol/l
4. **Serum** – unknown sample (infectious material)



#### A. End-point assay with estimation of isoforms

##### Procedure:

Two serum aliquots are prepared for this experiment: 'S' (native) and 'T' (subjected to heat inactivation at 56 °C for 10 minutes).

Proceed according to the table:

Measure in ml:	Native serum sample (S1)	Control for native sample (S2)	Heat-inactivated sample (T1)	Control for heat-inactivated (T2)
Buffer	1.0	1.0	1.0	1.0
Native serum (S)	0.02	-	-	-
Heat-inactivated serum (T)	-	-	0.02	-
Mix and incubate 5 minutes at 37 °C				
Substrate	0.2	0.2	0.2	0.2
Mix and incubate exactly 10 minutes at 37 °C				
Inhibitor	0.5	0.5	0.5	0.5
Native serum (S)	-	0.02	-	-
Heat-inactivated serum (T)	-	-	-	0.02
Mix and within 30 minutes measure the absorbances of S1, S2, T1, and T2 against deionized water at 420 nm in 1 cm cuvette.				

#### Calculations:

**Subtraction of control absorbances:**

$$\Delta A_S = A_{S1} - A_{S2} \qquad \Delta A_T = A_{T1} - A_{T2}$$

**Total catalytic concentration of ALP:**

Calculation is based on the molar absorption coefficient of 4-nitrophenol.

$$\text{Total ALP } (\mu\text{kat/l}) = \Delta A_S \times 10.263$$

***Catalytic concentration of the liver isoenzyme:***

Calculation assumes that 100 % of the bone and one third of the liver isoenzyme have been inactivated by heat.

$$\text{Liver isoenzyme ALP } (\mu\text{kat/l}) = 1.5 \times \Delta A_T \times 10.263$$

***Catalytic concentration of the bone isoenzyme:***

$$\text{Bone isoenzyme ALP } (\mu\text{kat/l}) = \text{Total ALP } (\mu\text{kat/l}) - \text{Liver isoenzyme ALP } (\mu\text{kat/l})$$

**B. Total ALP – kinetic assay**

**Procedure:**

- Cuvettes are pre-warmed to 37 °C.
- Set photometer to 420 nm and zero absorbance with purified water.
- Prepare a reaction mixture directly to cuvette:

Measure in ml:	
Buffer	1.0
Native serum (S)	0.02
Mix and pre-incubate 5 minutes at 37 °C	
Substrate	0.2

- Mix well and after exactly 30 s measure A at 420 nm.
- Repeat the measurement five times more in exactly 60 s intervals.

**Calculations:**

Calculate the mean difference of absorbance per minute ( $\Delta A_{420}/\text{min}$ )

$$\text{Catalytic concentration ALP } (\mu\text{kat/l}) = \Delta A_{420}/\text{min.} \times 72.8$$

## Task 4 Solubility of various calcium salts

### Reagents:

1. **Calcium chloride**,  $\text{CaCl}_2$ , solid substance
2. **Calcium carbonate**,  $\text{CaCO}_3$ , solid substance
3. **Calcium phosphate**,  $\text{Ca}_2(\text{PO}_4)_3$ , solid substance
4. **Ammonium oxalate**,  $(\text{NH}_4)_2(\text{COO})_2$ , saturated solution
5. **Hydrochloric acid**,  $\text{HCl}$ , diluted
6. **Sodium hydrogen carbonate**,  $\text{NaHCO}_3$ , 10 g/l
7.  **$\text{Na}_2\text{EDTA}$** , saturated solution
8. **Lactose**, 10 g/l



### A. Solubility of calcium salts in water and $\text{HCl}$

#### Procedure:

- a. Take four short glass test tubes and pour a pinch of solid calcium chloride (tube No. 1), calcium carbonate (tube No. 2) or calcium phosphate (tubes No. 3 and 4).
- b. Add about 1.5 ml of deionized water to each tube.
- c. Mix and observe whether the different calcium salts dissolve in water.
- d. To the tubes No. 2, 3, and 4 try to add diluted hydrochloric acid drop wise until the precipitate just dissolves; record the number of drops to the table in your report.
- e. Next, to the tube No. 3 containing dissolved  $\text{Ca}_3(\text{PO}_4)_2$  add sodium hydrogen carbonate solution drop wise and observe formation of a precipitate.
- f. To the tube No. 4 add about 8 drops of saturated  $\text{Na}_2\text{EDTA}$  solution followed by the sodium hydrogen carbonate solution (the same number of drops as to the tube No. 3). Notice that  $\text{Na}_2\text{EDTA}$  prevents precipitation.
- g. Summarize all your observations to the table in your report.

### B. Influence of some food components on solubility of calcium salts

#### Procedure:

Prepare two mixtures according to the table and observe whether a precipitate of calcium salt results.

	Tube No. 1	Tube No. 2
$\text{CaCl}_2$	1 measure	1 measure
Deionized water	1 ml	1 ml
Ammonium oxalate	cca 5 drops	-
Lactose	-	cca 5 drops