



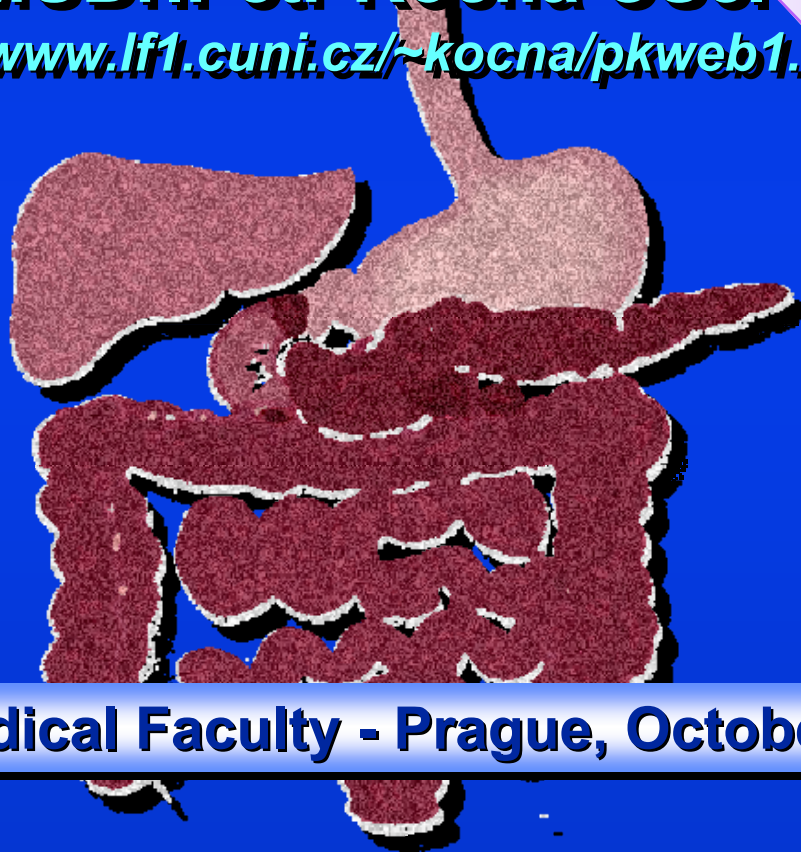
FIRST FACULTY OF MEDICINE  
CHARLES UNIVERSITY IN PRAGUE



# GASTROENTEROLOGY LABORATORY DIAGNOSTICS & CASES

**MUDr. Petr Kocna CSc.**

<http://www.lf1.cuni.cz/~kocna/pkweb1.htm>



**Seminar Medical Faculty - Prague, October 2023**

**HELICOBACTER PYLORI  
PEPSINOGENS, GASTRITIS  
COELIAC SCREENING - THERAPY  
CHRONIC PANCREATITIS  
EXOCRINE PANCREATIC FUNCTION  
QUANTITATIVE FIT  
COLORECTAL CANCER SCREENING**

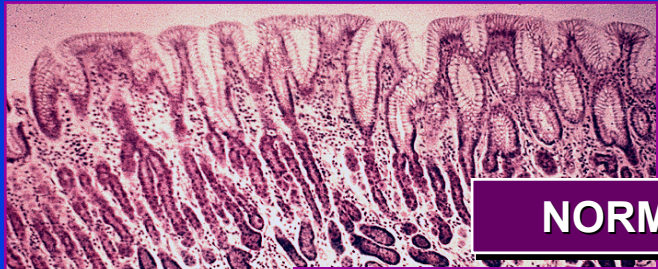


**HELICOBACTER PYLORI**  
**PEPSINOGENS, GASTRITIS**  
**COELIAC SCREENING - THERAPY**  
**CHRONIC PANCREATITIS**  
**EXOCRINE PANCREATIC FUNCTION**  
**QUANTITATIVE FIT**  
**COLORECTAL CANCER SCREENING**

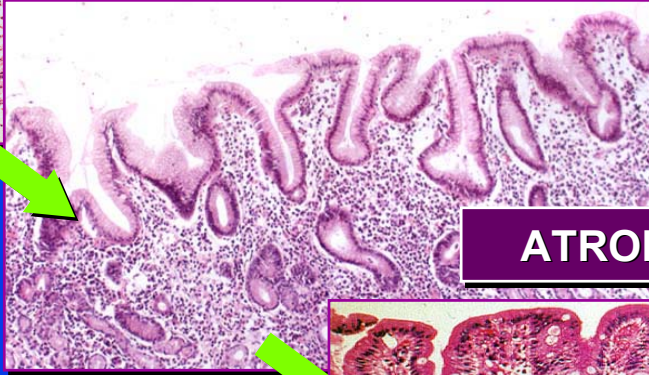


**GASTRITIS - CARCINOMA SEQUENCES**

**NORMAL MUCOSA**



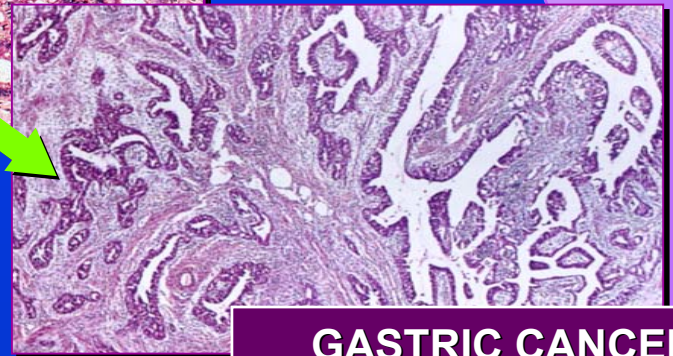
**ATROPHIC GASTRITIS**



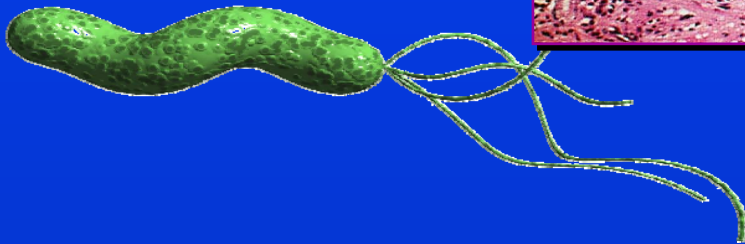
**INTESTINAL METAPLASIA**



**GASTRIC CANCER**



**Hp - IARC 1994  
1.class cancerogen**



**CASE: 12-01**

**Male - J.N. - IT specialist - born 1978**  
**in childhood common childhood diseases,**  
**none of injury, none of hospitalization, parents in healthy,**  
**severe disease in the family - who do not know.**  
**Now does not have any subjective complainrts.**

**On the internet he found - Hp is cancerogen of the 1.class**

**On the internet he found - LG laboratory, non-invasive Hp test**



**Comes to LG laboratories with requirement for Hp test - UBT**

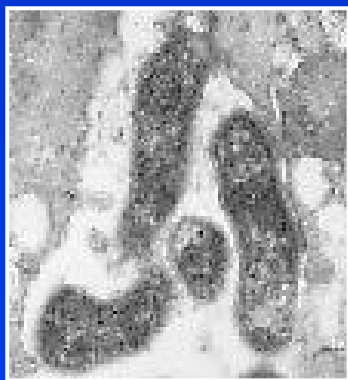
**CASE: 12-01 - laboratory data**

**$^{13}\text{C}$ -UBT performed on the individual wish (self-paying)  
Value of  $^{13}\text{C}$  DOB – 14.1 ‰, Hp - positive  
( Normal values up to DOB 5 ‰ )**

**On the internet he found - suitable eradication therapy**



**Comes to GE ambulance with requirement for eradication therapy, which the alone cannot pay**

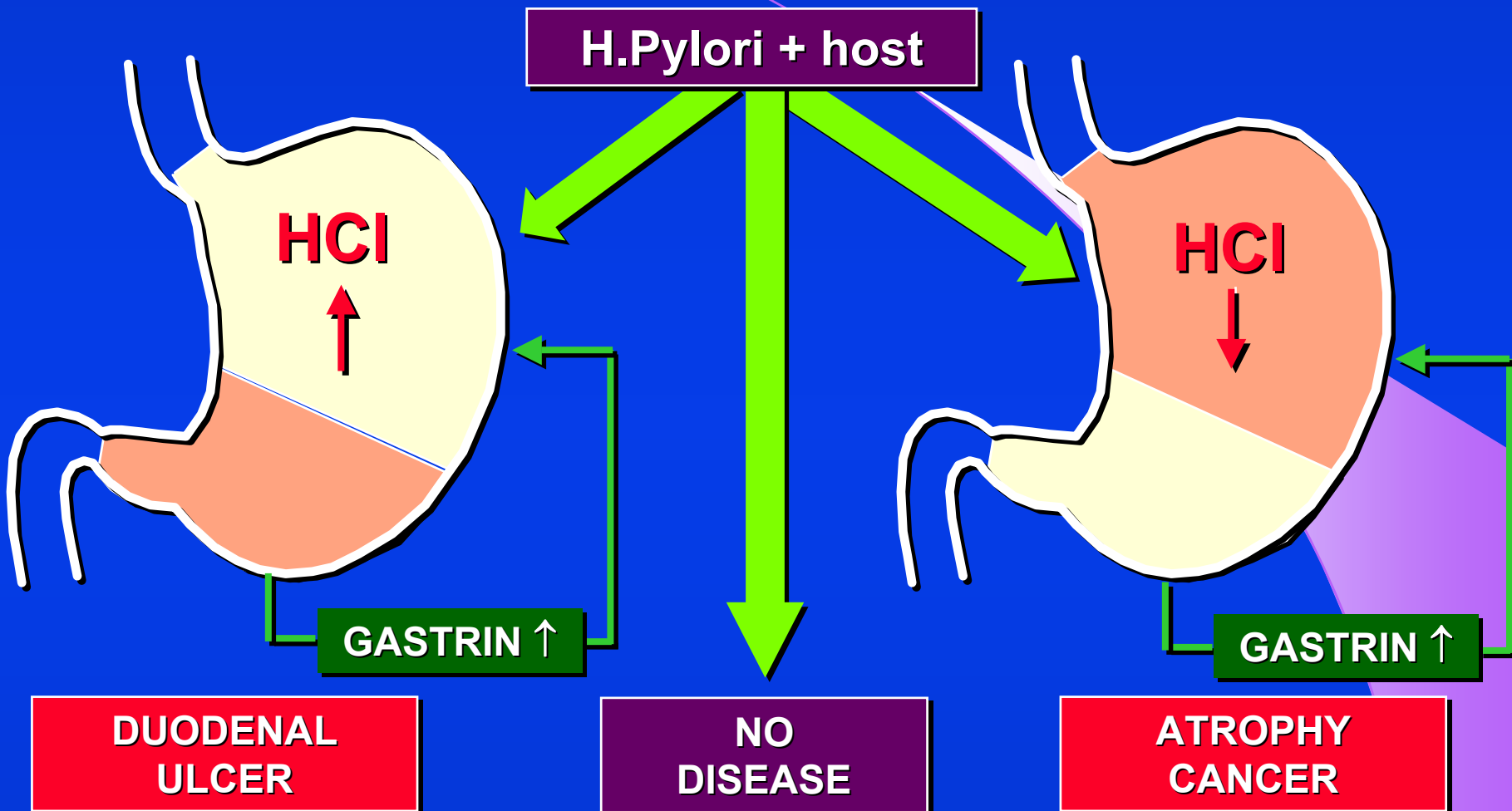


European Helicobacter Pylori Study Group  
**Current Concepts in the Management of  
Helicobacter pylori Infection**  
The Maastricht 2-2000 Consensus Report  
September 2000

**WHO TO TREAT - STRONGLY RECOMMENDED INDICATIONS**

<b>DU/GU (active or not, including complicated PUD)</b>	<b>1</b>
<b>MALToma</b>	<b>2</b>
<b>Atrophic gastritis</b>	<b>2</b>
<b>Post-gastric cancer resection</b>	<b>3</b>
<b>Patients - first degree relatives of gastric cancer patients</b>	<b>3</b>
<b>Patients wishes (after full consultation with their physician)</b>	<b>4</b>

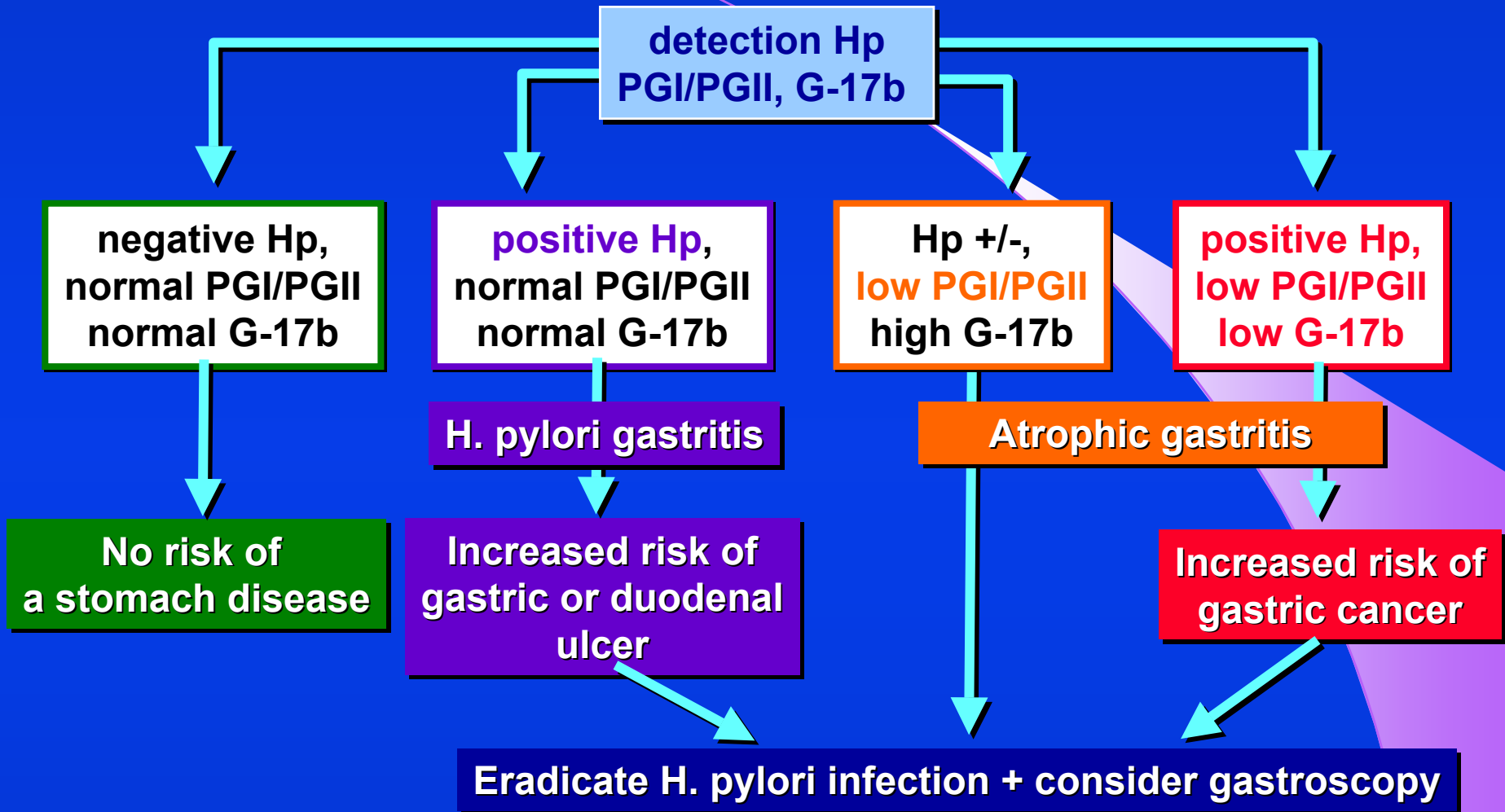
HOW TO PREDICT RESULT of Hp INFECTION



BACTERIAL TRIBE - GENETIC DISPOSITION - ENVIRONMENT - DIETS ?



Suspected - Gastritis - Hp infection - Gastric-cancer



Rationale in diagnosis and screening of atrophic gastritis with stomach-specific plasma biomarkers. Agréus L, Kuipers EJ, Kupcinskas L, Malfertheiner P, et al. Scand J Gastroenterol. 2012; 47(2):136-147

## Hp INFECTION DIAGNOSTIC METHODS

- ❑ non-invasive test, gold standard, specificity and sensitivity 95% -  **$^{13}\text{C}$  UBT, breath test with  $^{13}\text{C}$ -urea**
- ❑ non-invasive test, if  $^{13}\text{C}$ -UBT not available, **Hp antigen in stool**
- ❑ **rapid urease test (CLO test)** - if the gastroscopy clinically indicated, required bioptic samples from at least three different gastro-duodenal positions
- ❑ **IgA-IgG antibodies determination** in serum does not have primary diagnostic importance, as positivity to Hp-antibodies in subjects  $> 60$  years could be 85%



## Management of Helicobacter pylori infection - Consensus

Statement 1: **UBT is the most investigated and best recommended** non-invasive test in the context of a 'test-and-treat strategy'. **Monoclonal SAT can also be used.** Serological tests can be used only after validation. Rapid ('office') serology tests using whole blood should be avoided in this regard.

Level of evidence: 2a Grade of recommendation: B

Statement 9: The available data consistently recognise **pepsinogen (Pg)** serology as the **most useful non-invasive test to explore the gastric mucosa status (non-atrophic vs atrophic)**. The Pgl/PgII ratio can never be assumed as a biomarker of gastric neoplasia.

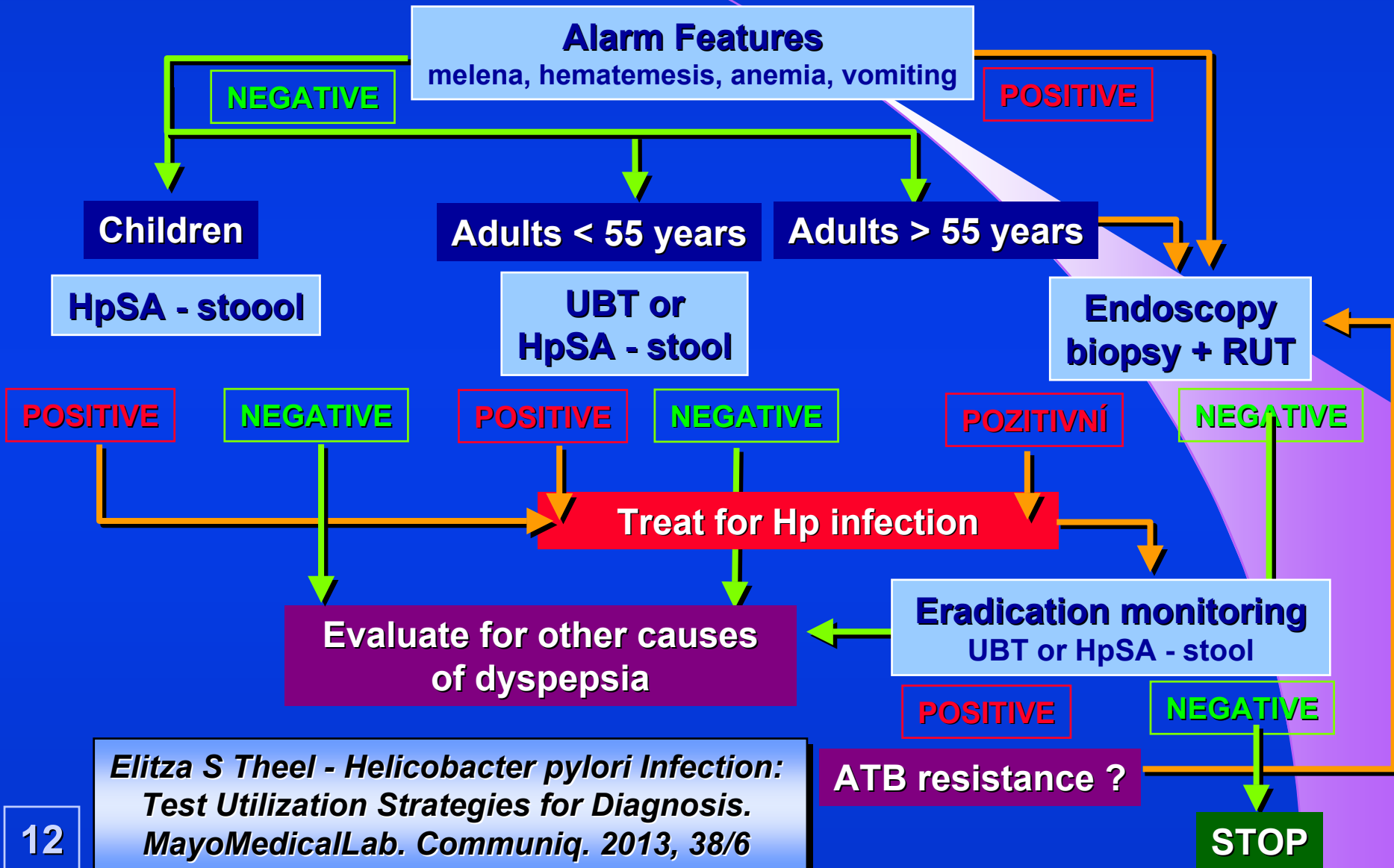
Level of evidence: 2a Grade of recommendation: A

*Management of Helicobacter pylori infection-the Maastricht V/Florence Consensus Report.*

*Malfertheiner P. et al. - The European Helicobacter Study Group (EHSG).*

*Gut. 2017 Jan; 66 (1): 6-30*

**ALGORITMUS FOR HELICOBACTER PYLORI IN DYSPEPSIA**



## ATROPHIC GASTRITIS SCREENING – PEPSINOGEN I/II RATIO

Age	Number	ACG	H.pylori
< 39	644	2 - 0.3%	0 - 0%
40 - 49	660	11 - 1.7%	5 - 45%
50 - 59	1091	27 - 2.5%	13 - 48%
60 - 69	1117	48 - 4.3%	19 - 40%
> 70	744	62 - 8.3%	19 - 31%
total	4256	150 - 3.5%	56 - 37%

*Telaranta-Keerie A, Kara R, Paloheimo L, Härkönen M, Sipponen P.  
Prevalence of undiagnosed advanced atrophic corpus gastritis in Finland:  
an observational study among 4,256 volunteers without  
specific complaints.*

*Scand J Gastroenterol. 2010 Sep;45(9):1036-41.*

HELICOBACTER PYLORI  
PEPSINOGENS, GASTRITIS  
**COELIAC SCREENING - THERAPY**  
CHRONIC PANCREATITIS  
EXOCRINE PANCREATIC FUNCTION  
QUANTITATIVE FIT  
COLORECTAL CANCER SCREENING



## CASE: 12-02

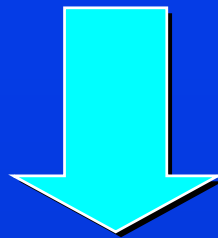
Woman - L.J. - born 1972  
in childhood **anemic**, **asthenic**, often in sanatoria,  
mother and sister followed for **thyreopathy**  
astheny, height 171 cm, weight 52 kg  
**menarche at 15 years**, married,  
at the time of diagnosis (2005) after **1 spont. abortion 1994**

## CASE: 12-02

2005 admitted to gastroenterology clinic  
with required of colonoscopy for **hypochrome anemia**

Colonoscopy - normal findings

Histology of bioptical samples - normal findings



**Routine laboratory test indicated**



**CASE: 12-02 - laboratory data**

**haemoglobin 117 g/l, haematocrit 0.352**

**albumin 46.6 g/l**

**alkaline phosphatase 1.54 ukat/l**

**alanine aminotransferase 0.52 ukat/l**

**aspartate aminotransferase 0.43 ukat/l**

**gamma-glutamyl transpeptidase 0.16 ukat/l**

**calcium 2.35 mmol/l**

**phosphate 1.22 mmol/l**

**ferrum 22.9 mmol/l**

**total cholesterol 3.19 mmol/l**

**triglycerides 0.65 mmol/l**

**CASE: 12-02 - laboratory data**

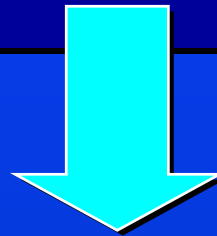
**coeliac screening markers - 11/4/05:**

**IgA anti-transglutaminase 132 U/ml**

**IgA anti-gliadin 30 U/ml**

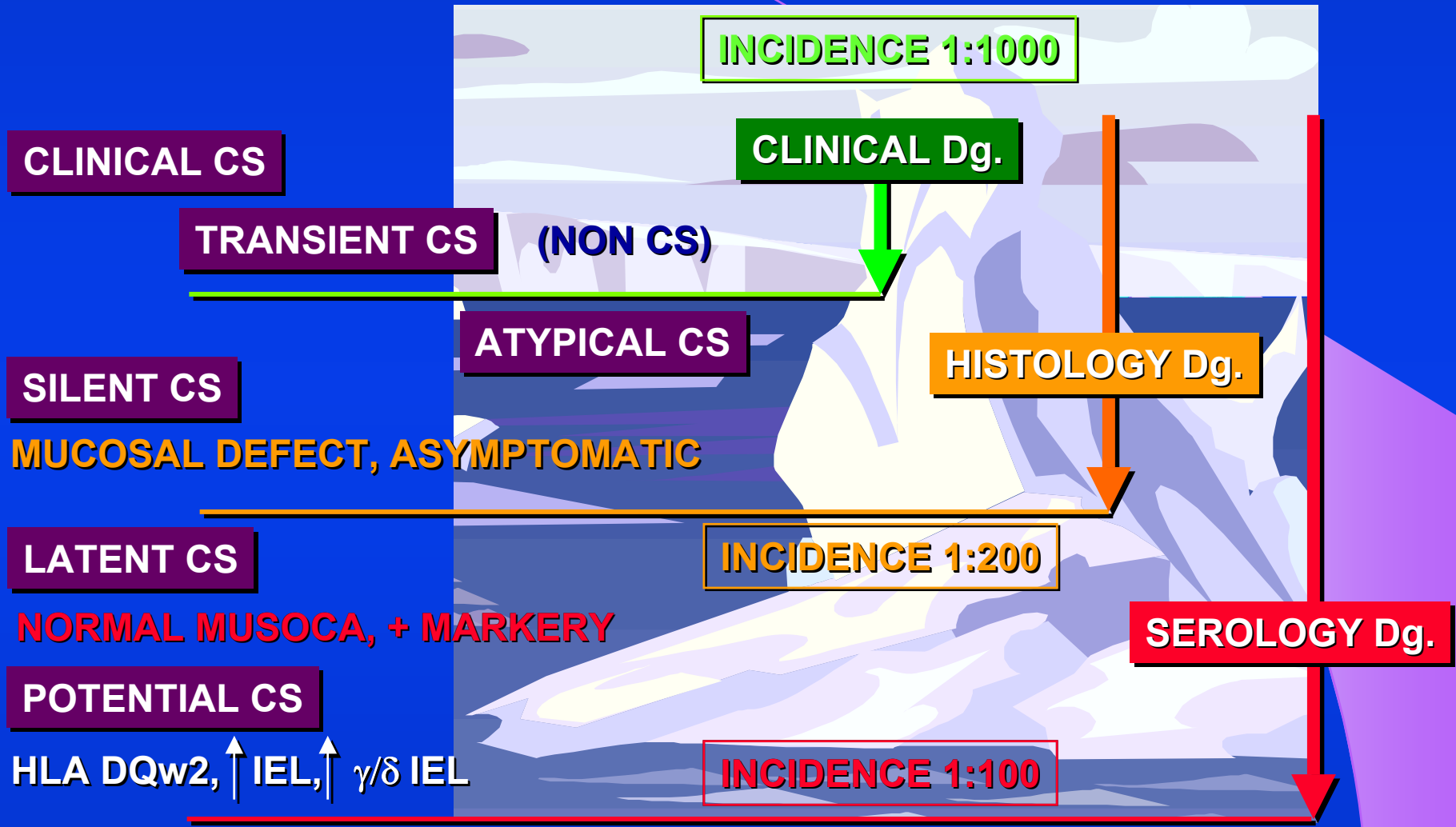
**IgG anti-gliadin 132 U/ml**

**IgA anti-endomysium - positive**



**Histology - small bowel biopsy:  
active coeliac, subtotal atrophy,  
decreased lactase, IEL 50/100**

**ICEBERG HYPOTHESIS OF COELIAC INCIDENCE**



## GUIDELINES - TARGETED COELIAC SCREENING

- ❑ Dermatitis herpetiformis
- ❑ Osteoporosis, unexplained fractures
- ❑ **Unexplained anaemia**
- ❑ Chronic fatigue syndrome
- ❑ Resistent irritable bowel syndrome
- ❑ **Spont. abortion and fetal growth retardation**
- ❑ Unexplained anaemia (iron, folic acid)
- ❑ Hypertransaminasemia
- ❑ Recurrent aphthous stomatitis
- ❑ Dental enamel hypoplasia
- ❑ Diabetes mellitus type 1.
- ❑ **Autoimmune thyroiditis**
- ❑ Autoimmune liver disease
- ❑ Systemic lupus erythematosus
- ❑ Sjögren syndrome
- ❑ Primary biliary cirrhosis or sclerosing cholangitis

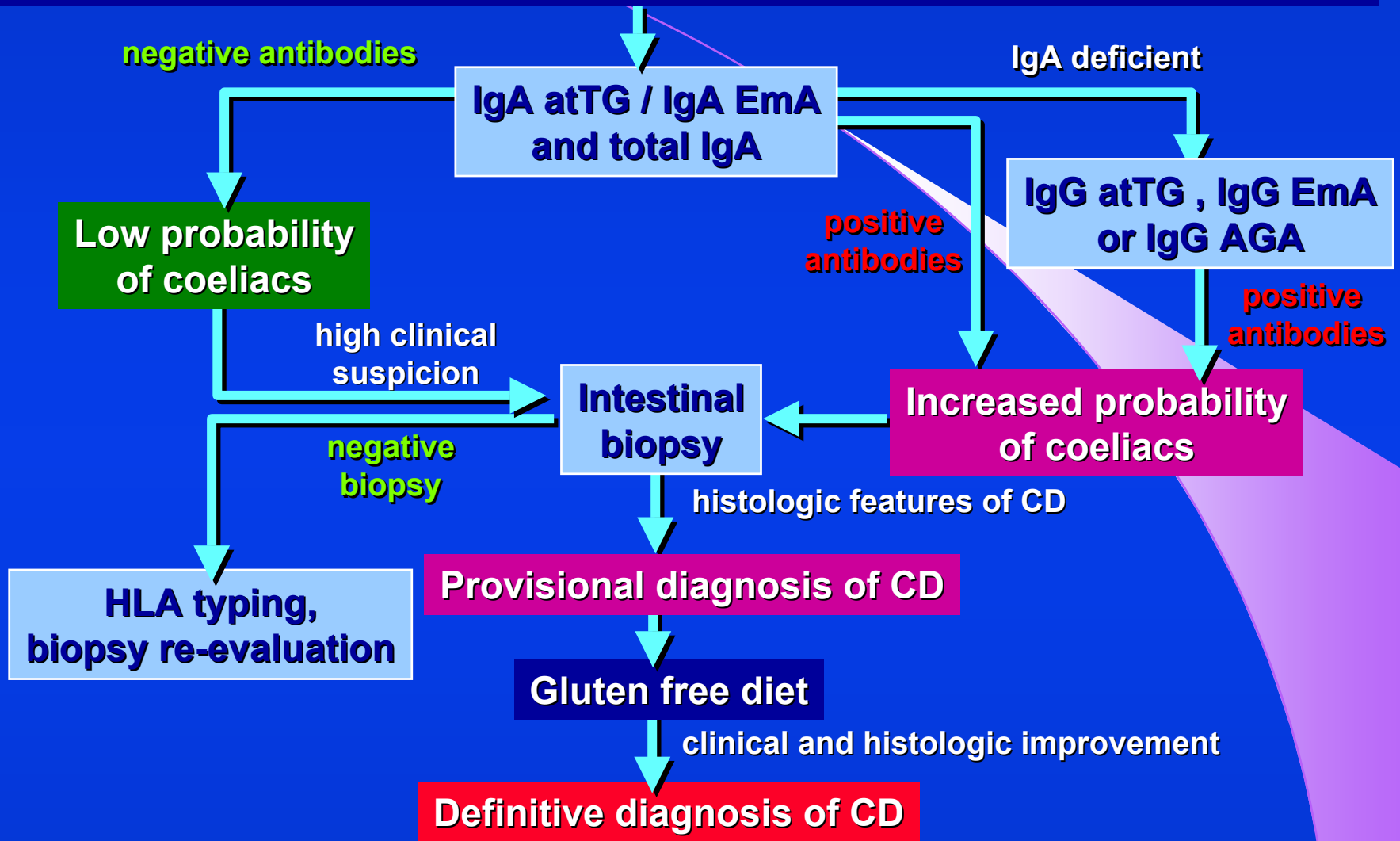
MAIN RISK GROUPS

CD SUSPECTED SYMPTOMS

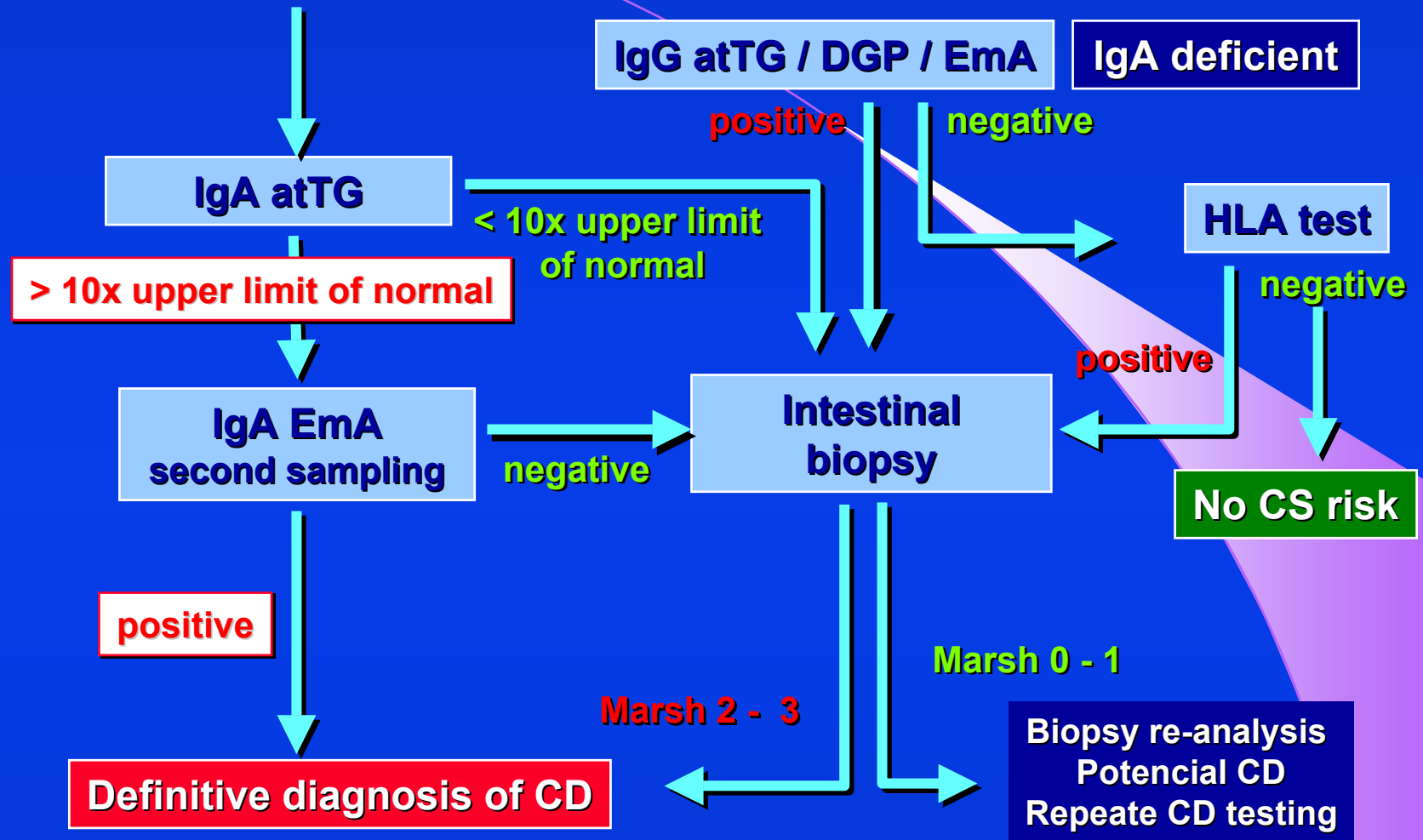
AUTOIMUNNE DISEASES

*Cílený screening celiakie - Metodický pokyn MZ ČR*  
*Věstník MZ ČR, 2011, částka 3. str. 51-54 - Practicus 2011; 4: 9 - 10*

TARGETED SCREENING OF COELIAC DISEASE

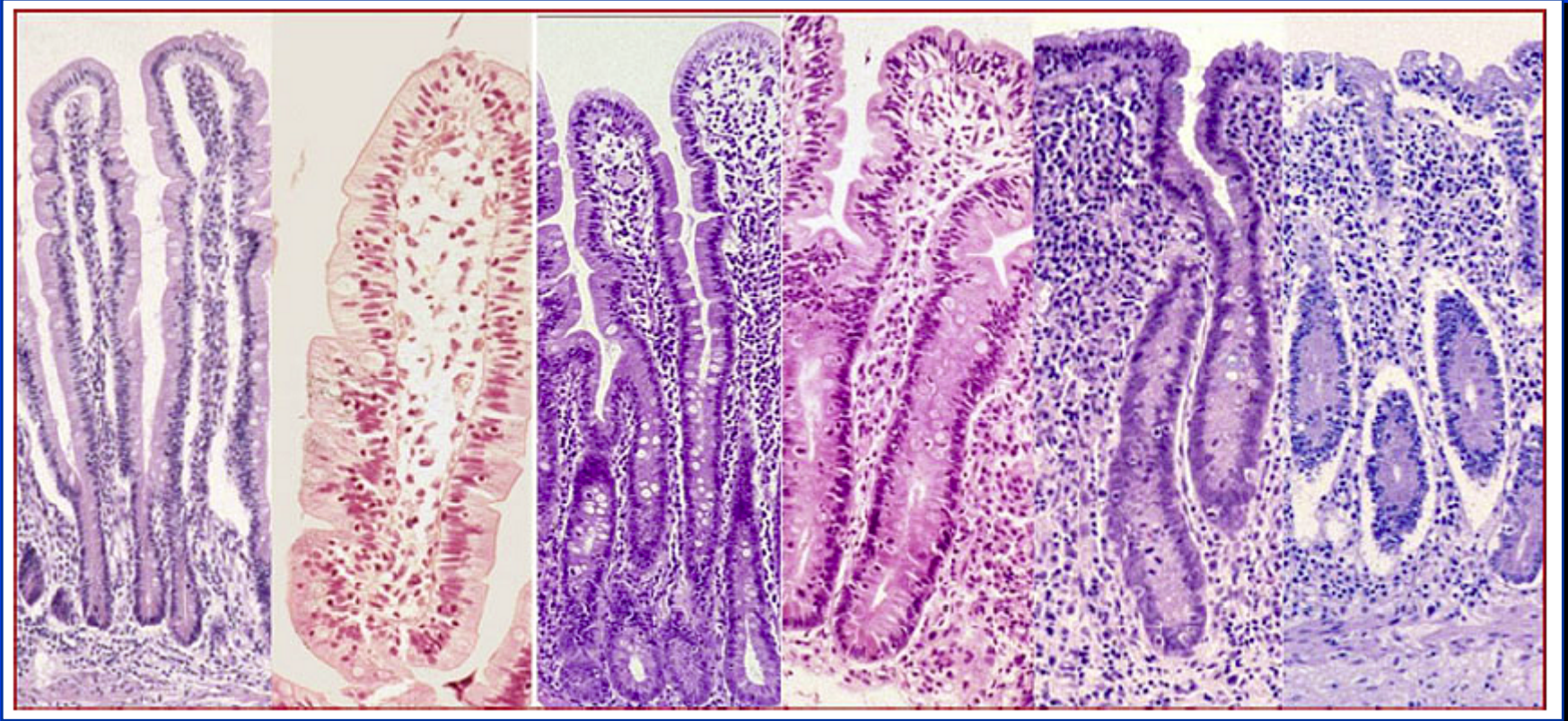


SCREENING OF COELIAC DISEASE IN CHILDRENS



European Society Paediatric Gastroenterology, Hepatology and Nutrition Guidelines for Diagnosing Coeliac Disease 2020. Husby S, Koletzko S, Korponay-Szabó I. et al.: J Ped Gastru Nutr. 2020 Jan;70(1):141-156

## INTESTINAL BIOPSY IN THE COELIAC DISEASE DIAGNOSTICS



Marsh 0

Marsh 1

Marsh 2

Marsh 3a

Marsh 3b

Marsh 3c

*Clinical practice - Coeliac disease. Kneepkens C. M., von Blomberg B. M.  
Eur J Pediatr. 2012; 171(7) : 1011 - 1021*

ENDOSCOPIC MARKERS OF COELIAC DISEASE

Enteroscopy

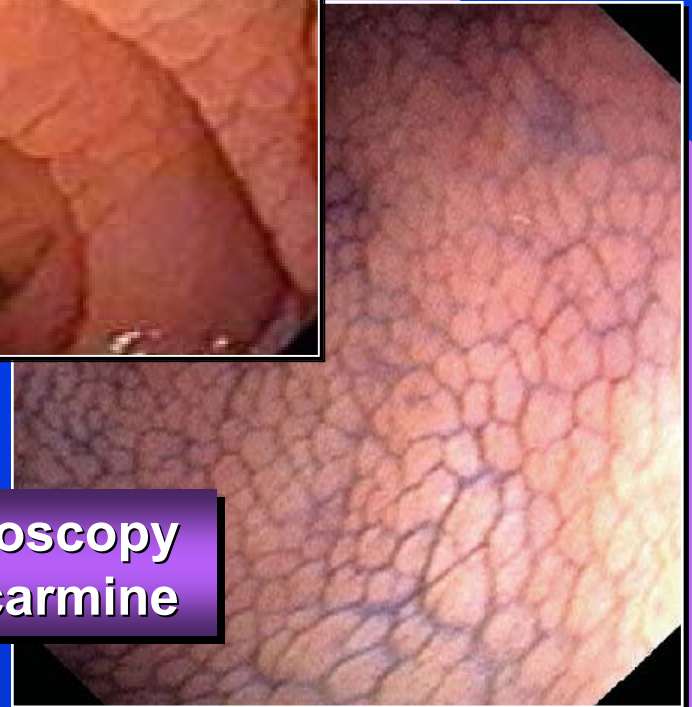
Mosaic pattern of duodenal mucosa



Normal duodenal mucosa



Chromoendoscopy with indigocarmine





# CAPSULE ENDOSCOPY

## NON-INVASIVE ENDOSCOPIC EXAMINATION



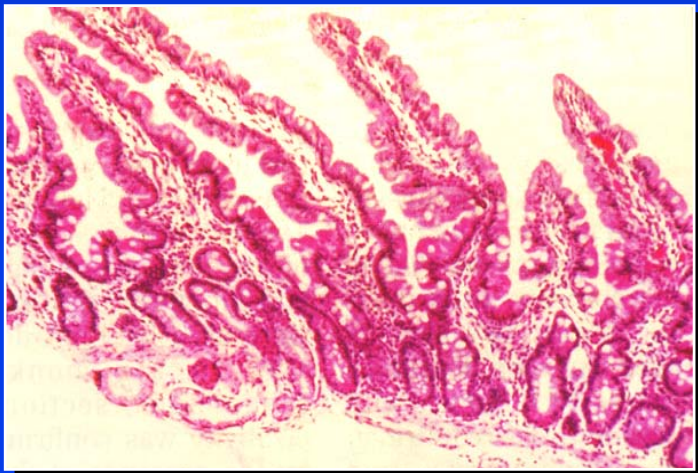
**Normal duodenal  
mucosa**



**Mosaic pattern of  
duodenal mucosa**

**GLUTEN FREE DIET (GFD) - SCREENING & DIAGNOSTICS**

**NORMAL MUCOSA**



**NEGATIVE ANTIBODIES**

**HEALTHY SUBJECT  
TREATED COELIAC**

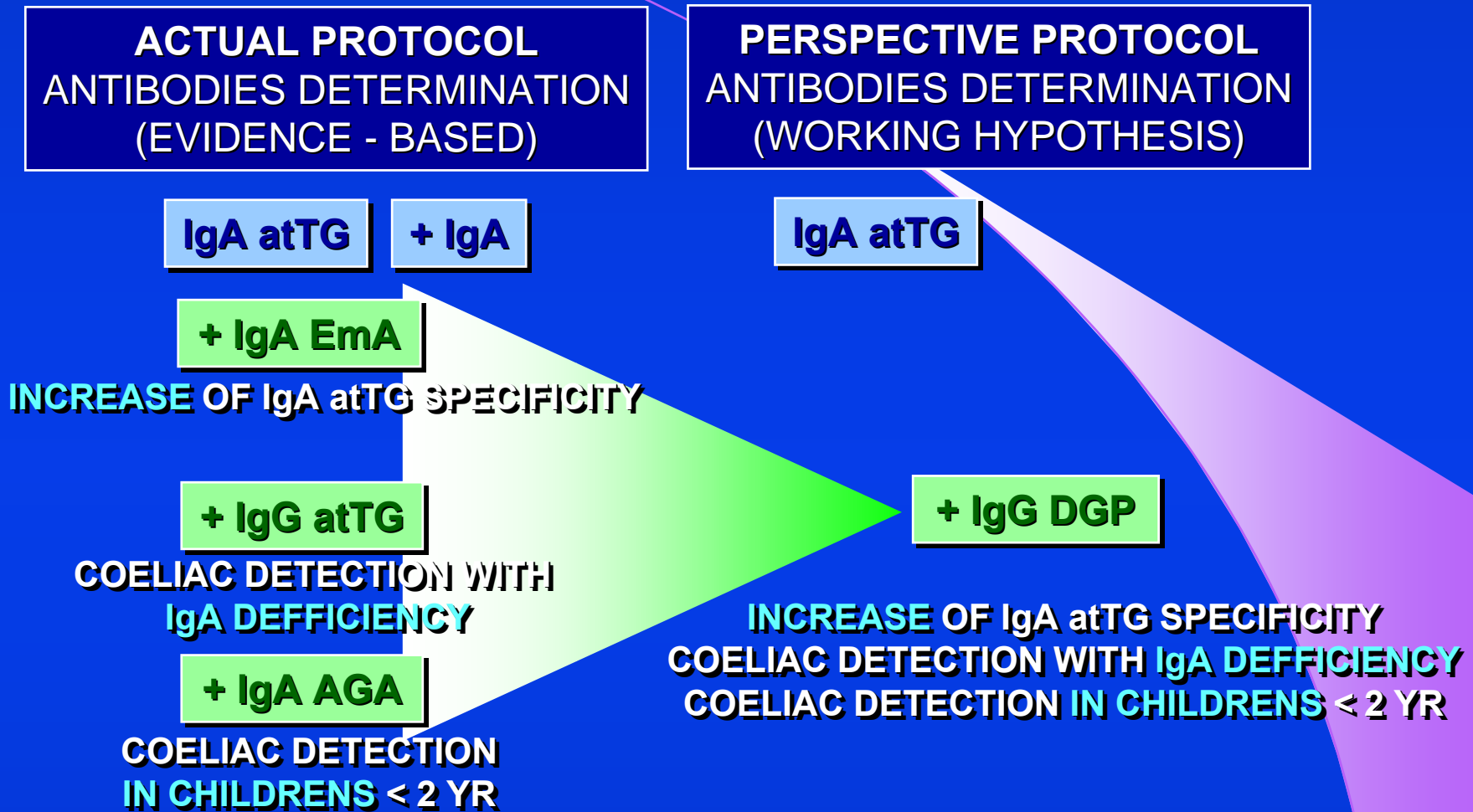
**TREATED COELIAC ?  
OTHER AUTOIMMUNITY ?**

**FLORID COELIAC  
UNTREATED**



**TOTAL ATROPHY**

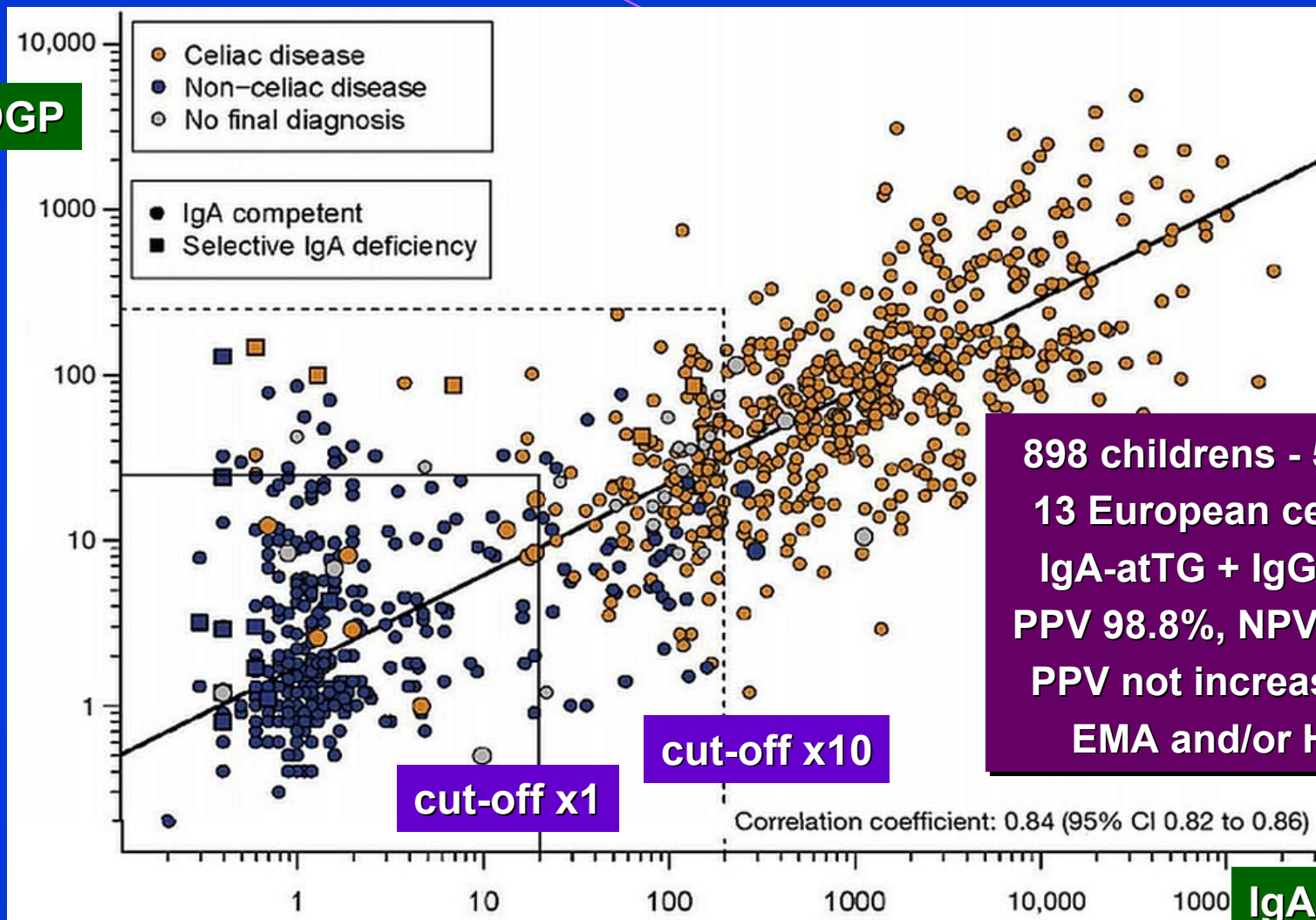
**POSITIVE ANTIBODIES**



*Volta U., Fabbri A., Parisi C. et al. Old and new serological tests for celiac disease screening. Expert Rev. Gastroenterol. Hepatol. 2010, 4(1)*

**COELIAC MARKERS - atTG, DGP – PEDIATRIC DIAGNOSIS**

**IgG-DGP**

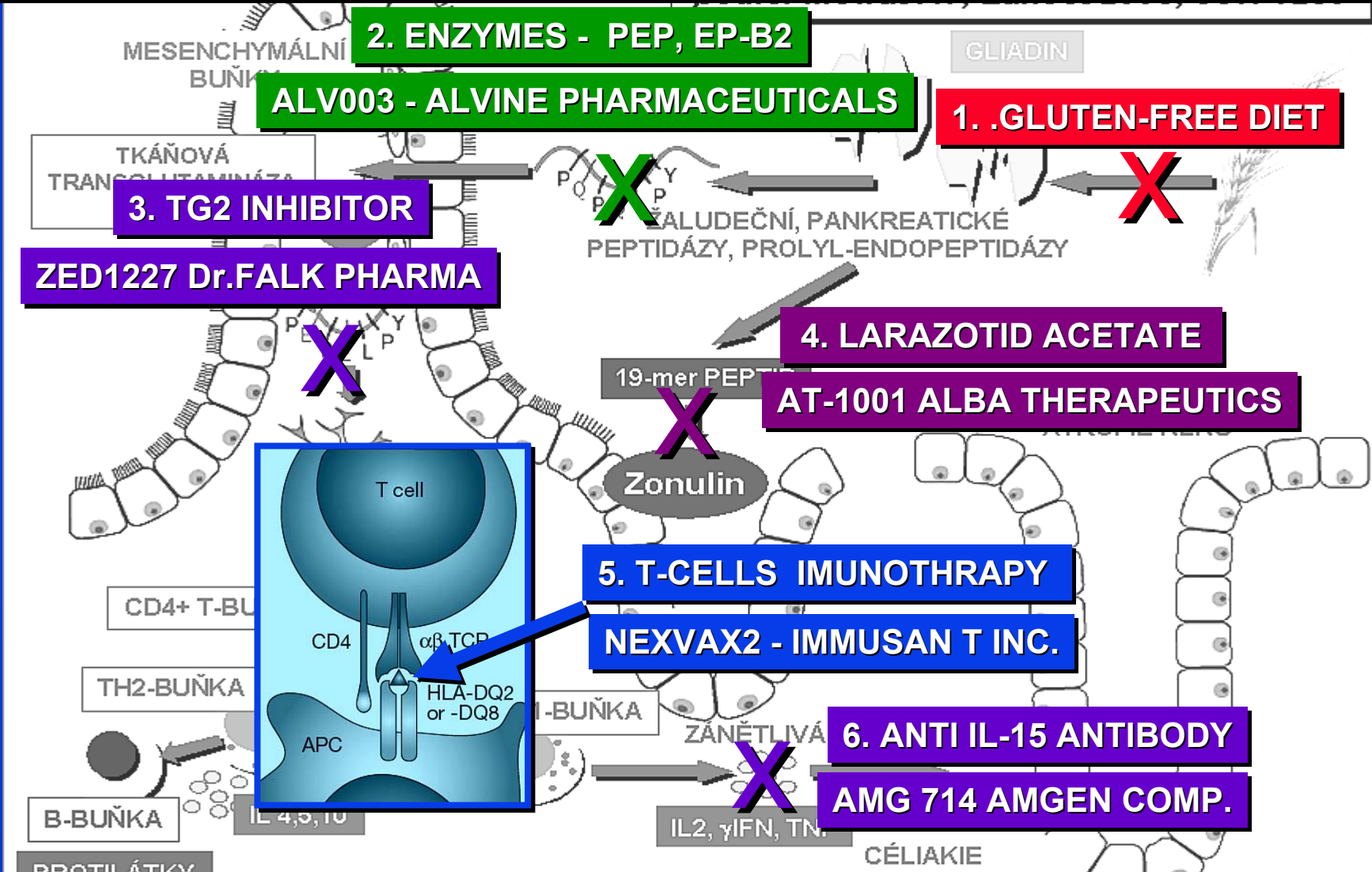


898 childrens - 592 CS  
 13 European centers  
 IgA-atTG + IgG-DGP  
 PPV 98.8%, NPV 95,8%  
 PPV not increased by  
 EMA and/or HLA

**IgA-atTG**



**THE FUTURE OF COELIAC DISEASE THERAPY**



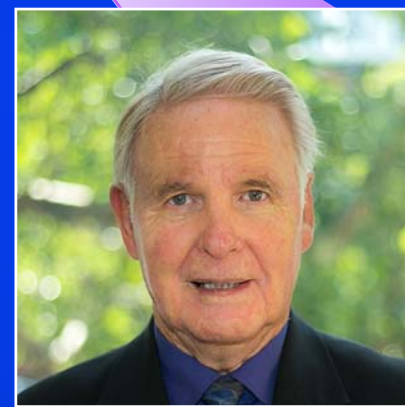
## GLIADIN DETOXIFICATION BY CARICAIN

GLUTEGUARD - CARICA PAPAYA EXTRACT,  
CONTAINS HYDROLYTIC ENZYMES CARICAIN AND OTHER  
PROLYL-ENDOPEPTIDASES,  
NO CELIAC THERAPY, IT'S ONLY FOOD SUPPLEMENTS  
PRICE IN AUSTRALIA - 60 TABLETS, 44 AUD



Q Q P Y P Q P Q

CARICAIN  
(Carica Papaya.)



*Cornell HJ, Stelmasiak T. The Significance of Key Amino Acid Sequences in the Digestibility and Toxicity of Gliadin Peptides in Celiac Disease. International Journal of Celiac Disease, 2016, Vol. 4, No. 4, 113-120*

## GLUTEN DEGRADING, CLEAVING, FOOD SUPPLEMENTS



## Wobenzym® N

**Suggested Use:** Adults take 3 tablets twice daily on an empty stomach at least 45 minutes before meals with water. Not intended for children.

**Advanced Usage:** Adults may gradually increase to 12 per day by taking 3 tablets 4 times per day on an empty stomach.

### Supplement Facts

Serving Size 3 Tablets  
Servings Per Container 33

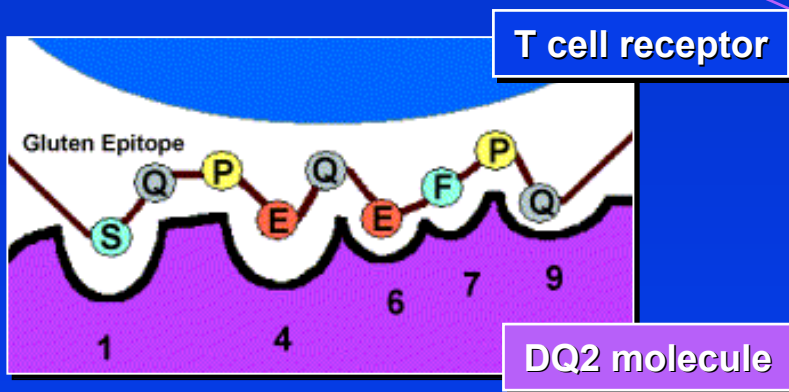
	Amount Per Serving	%DV
Pancreatin** 56,000 USP units protease (pancreas) <i>Sus scrofa</i>	300mg	+
Papain** 492 FIP-units*** <i>Carica papaya</i>	180mg	+
Bromelain** 675 FIP-units <i>Ananas comosus</i>	135mg	+
Trypsin** 2,160 FIP-units (pancreas) <i>Sus scrofa</i>	72mg	+
Chymotrypsin** 900 FIP-units (pancreas) <i>Bos taurus</i>	3mg	+
Rutoside trihydrate** (Rutin) <i>Sophora japonica</i>	150mg	+

+ Daily Value (DV) not established

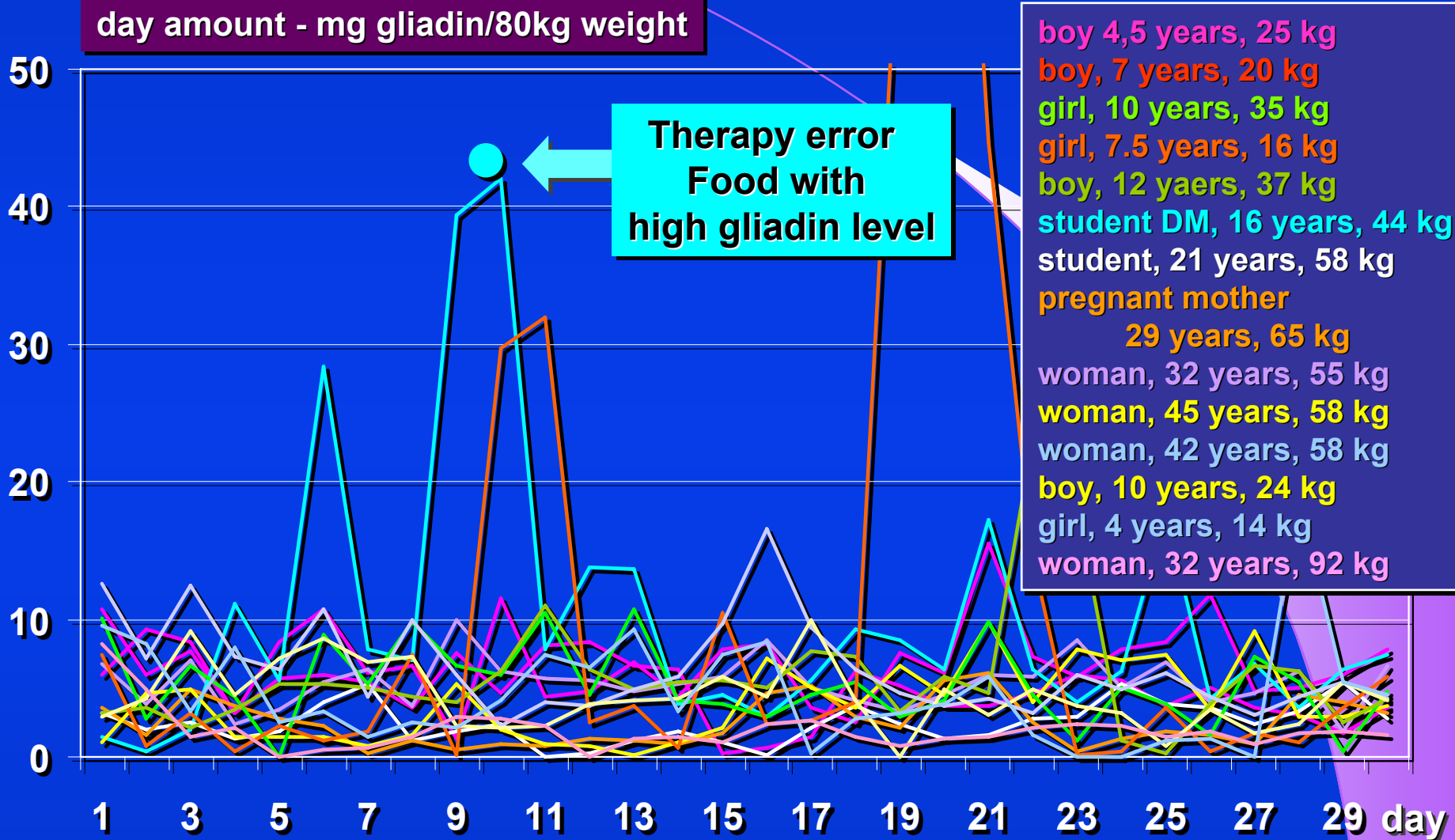
FOOD SUPPLEMENTS CONTAINING GLUTEN DEGRADING ENZYMES, DECLARED BY THE MANUFACTURER AS INTENDED FOR PERSONS WITH GLUTEN INTOLERANCE



## GLUTEN FREE DIET - CEREALS



GLUTEN FREE DIET – DAILY GLIADIN INTAKE



Gabrovská D., Kocna P., et al.: Monitoring of Daily Gliadin Intake in Patients on Gluten-free Diets. Prague Medical Report 2011, 112 (1): 5 – 17

**CASE: 12-02 - THERAPY**

since 11/2005 **complete gluten-free diet**  
2008 gave birth to a **healthy daughter**, who has not coeliac,  
follows the diet - is on remission

**CASE: 12-02 - laboratory data**

**coeliac specific antibodies - 24/4/06:**

**IgA anti-transglutaminase 2 U/ml**

**IgA anti-gliadin 7 U/ml**

**IgG anti-gliadin 29 U/ml**

**IgA anti-endomysium - negative**

## COELIAC DISEASE SCREENING - POCT TESTS

RAPID TESTS  
FULL BLOOD  
POCT ANALYSYS  
HOME TESTS



anti-tTG (IgA & IgG)



anti-DGP (IgA & IgG) + celkové IgA



anti-tTG (IgA) + celkové IgA



anti-tTG (IgA, IgG, IgM)

## SMALL BOWEL ABSORPTION - FUNCTION TESTS

 $H_2/CH_4$  and  $^{13}C$  - BREATH TESTS

Hydrogen analyser  
Lactotest 202



LACTOSE BREATH TEST  
20g LACTOSE DOSAGE  
HYDROGEN DETERMINATIONS 5 HOURS  
CUT-OFF VALUE 20 ppm

*Regression of lactose malabsorption in coeliac patients  
after receiving a gluten-free diet.  
Scand J Gastroenterol. 2008;43(2):174-177*

D-XYLOSE BREATH TEST  
100mg  $^{13}C$ -XYLOSE DOSAGE  
RATIO  $^{12}C$ : $^{13}C$  DETERMINATION  
BREATH INDEX 30min/210min

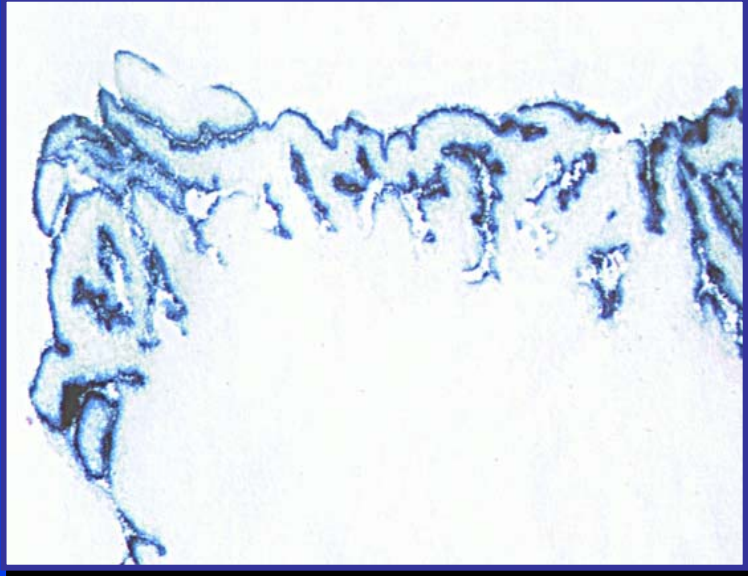
*$^{13}C$ -xylose and  $^{14}C$ -xylose breath tests for the diagnosis  
of coeliac disease.*

*Scand J Gastroenterol. 2008;43(2):166-173*



$^{13}C$  analyser  
Heli FAN

**LACTOSE INTOLERANCE DIAGNOSIS**

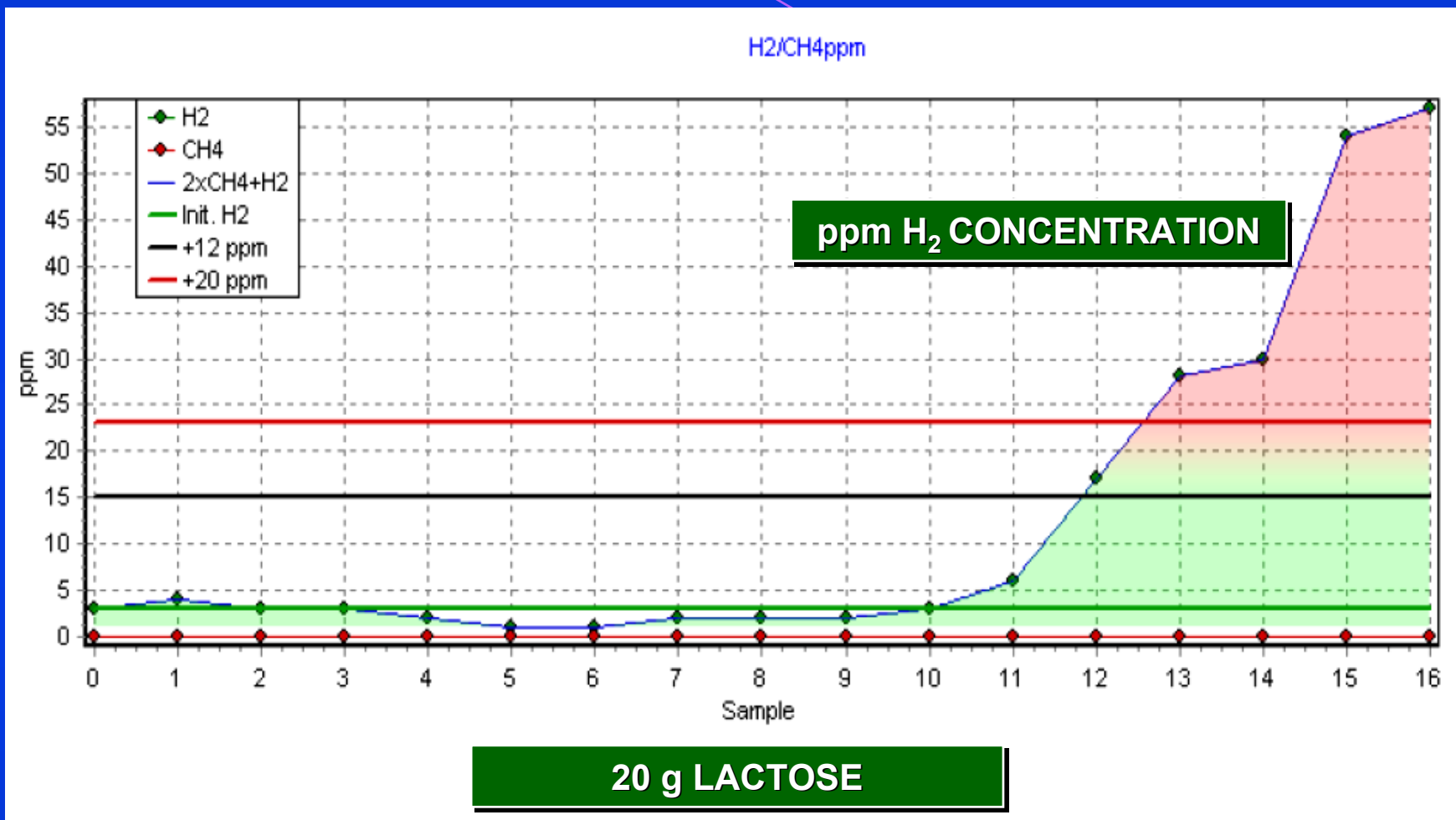


**HISTOCHEMICAL DETECTION OF LACTASE ACTIVITY IN THE ENTEROCYTE BRUSH BORDER IMMUNOHISTOCHEMICAL TEST**

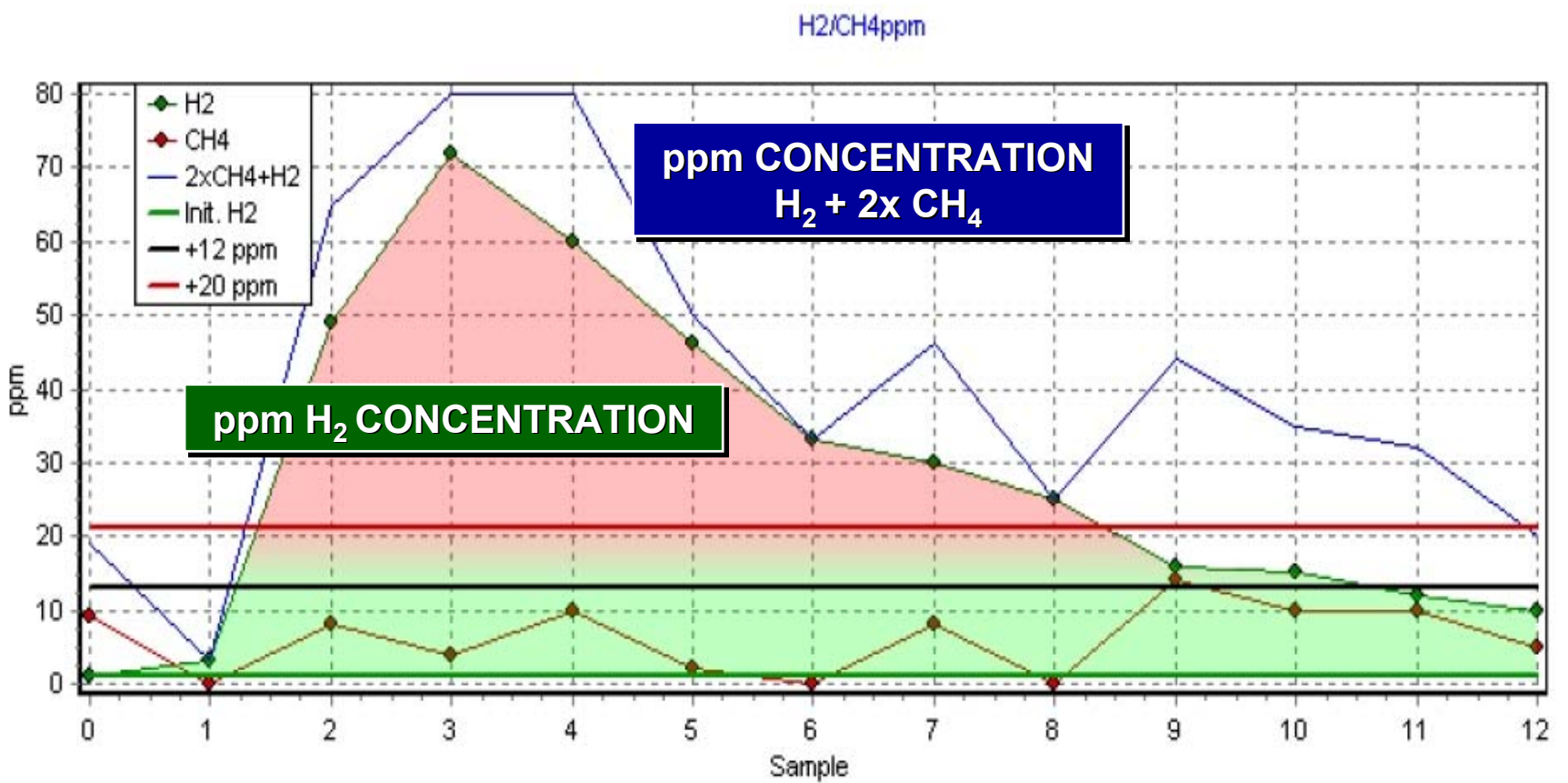
**MODERN RAPID TEST LACTASE ACTIVITY DETECTION CHROMOGENIC METHOD**



H<sub>2</sub> /CH<sub>4</sub> /CO<sub>2</sub> - LACTOSE INTOLERANCE BREATH TEST



**H<sub>2</sub>/CH<sub>4</sub>/CO<sub>2</sub> - SIBO BREATH TEST**



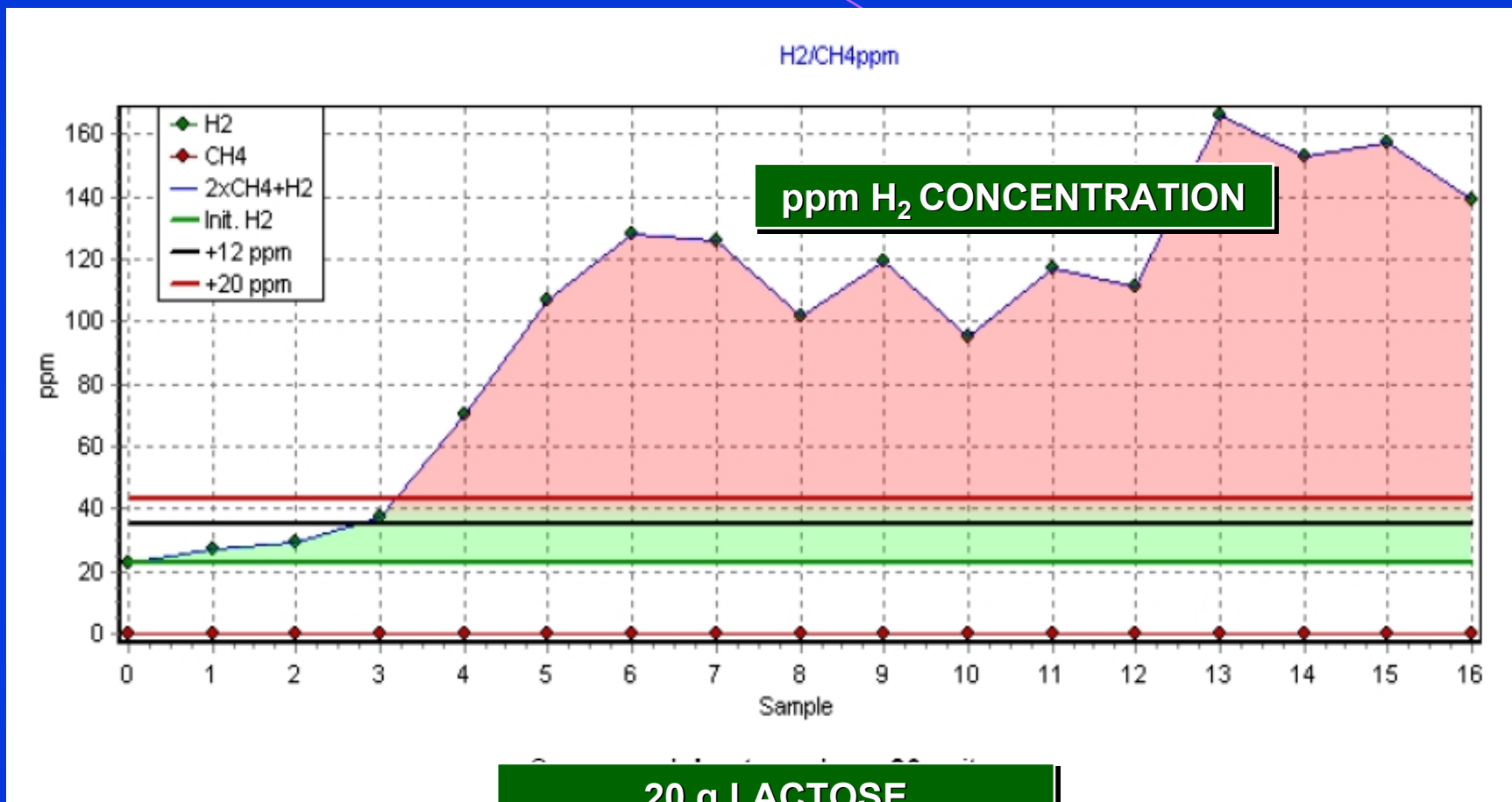
**ppm CONCENTRATION  
H<sub>2</sub> + 2x CH<sub>4</sub>**

**ppm H<sub>2</sub> CONCENTRATION**

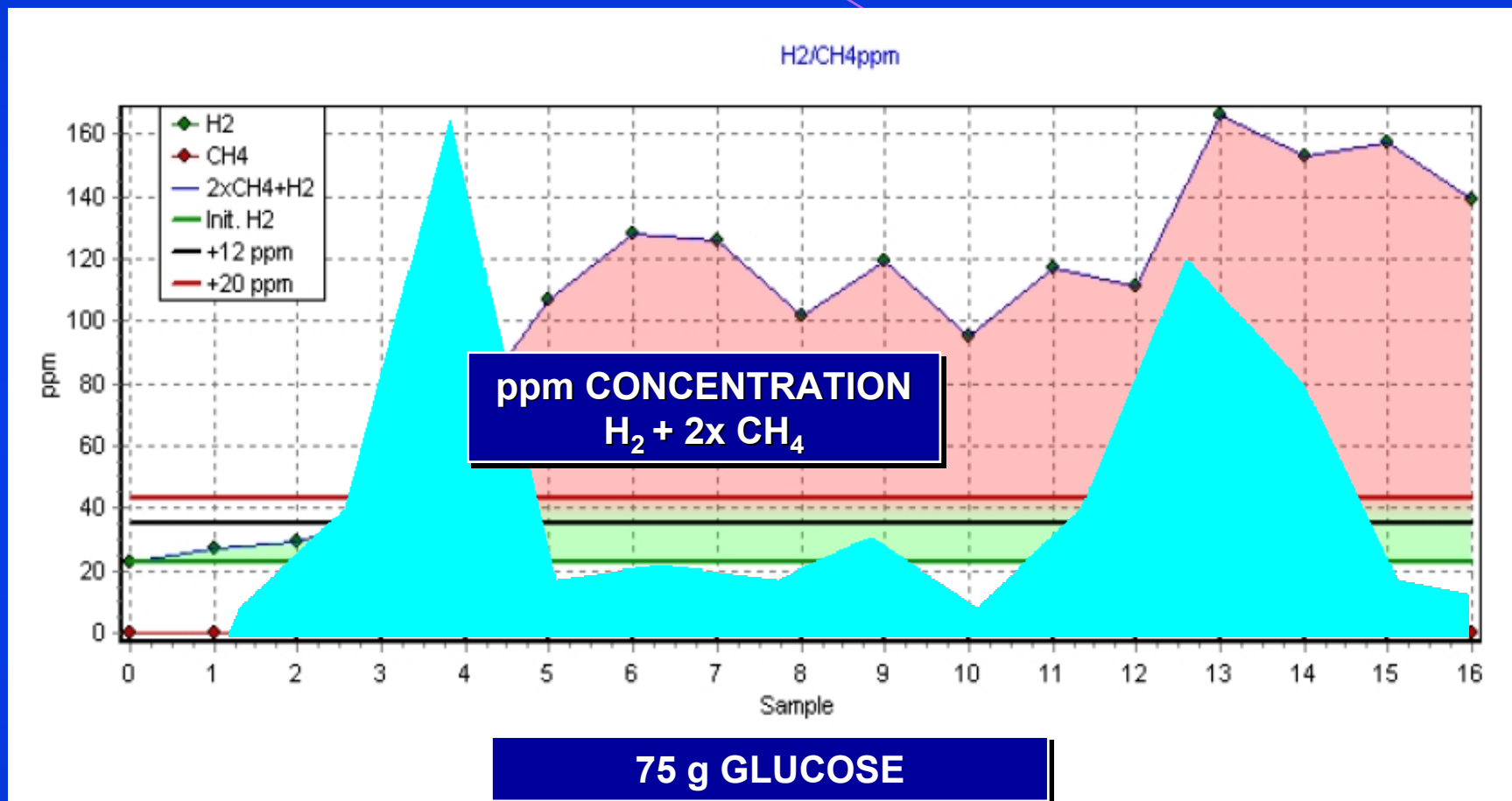
**75 g GLUCOSE**



H<sub>2</sub> /CH<sub>4</sub> /CO<sub>2</sub> - LACTOSE INTOLERANCE BREATH TEST



H<sub>2</sub>/CH<sub>4</sub>/CO<sub>2</sub> - SIBO BREATH TEST



**HELICOBACTER PYLORI  
PEPSINOGENS, GASTRITIS  
COELIAC SCREENING - THERAPY  
CHRONIC PANCREATITIS  
EXOCRINE PANCREATIC FUNCTION  
QUANTITATIVE FIT  
COLORECTAL CANCER SCREENING**



**CASE: 12-03**

**Male - A.A. - born 1938**

**history of gallbladder problems - (cholecystolithiasis)**

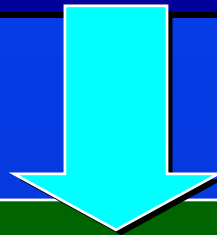
**hypertension treatment on Ca blockers, obesity**

**Dietary error - goulash, beer**

**Abdominal pain around the navel broadening in the back, vomiting**

**S-amylase 20,2, C-reactive protein 1.day 5 g/l, calcium 1,85 mmol/l**

**Abdominal ultrasound - cholecystolithiasa**



**Admitted to surgery clinic – emergency unit**

**liquid saturation – 5000 ml/24 hrs**

**CASE: 12-03****5.day - CT abdomen**

**Severe acute necrotizing pancreatitis (more than 60%)**

**ATB administration - cefotaxime 10 days, parenteral nutrition,  
febricity,**

**25.day – necrosis drainage under CT**

**Complications:**

**Renal insufficiency, borderline cardiac compensation**

## CASE: 12-03 - laboratory data

	2	3	5	7	45	90
creatinin	130	88	79	73	75	75
urea	9.2	6.6	4.3	6.9	2.5	4.7
albumin	39	27.8	24.5	24.5	20.5	38
Na <sup>+</sup>	133	135	135	131 / 135	135	143
K <sup>+</sup>	3.7	3.6	3.4	3.4 / 3.9	4.0	4.9
Cl <sup>-</sup>	98	103	100	93 / 96	102	104
pH		7.43		7.46 / 7.47		
pCO <sub>2</sub>		5.34		6.91 / 5.58		
BE		2.4		10.9 / 6.2		
HCO <sub>3</sub> <sup>-</sup>		26.3		34.6 / 3.01		

1-2 day dehydration    7 day metabolic alkalosis

**CASE: 12-03****45.day transfer to metabolic unit of 2nd. medical clinic**

introduced naso-jejunal probe, pulled the drain, gradually increased enteral nutrition to 2200 ml per day (2200 kcal, 85 g protein)

Drugs: proton pump inhibitors (omeprazole 2x20 mg),  
**substituted pancreatic enzymes (Creon 25000j 3 x 1 cps),**  
liquid free, probiotics. Conducted training for home enteral nutrition and released to home care

The ICU 52 days, 55 days in the hospital, then home enteral nutrition 93 days, gradual transfer to oral intake.

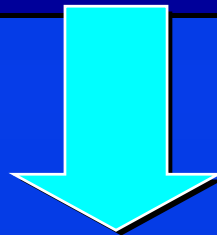
Proton pump inhibitors discontinued,  
and patient gradually discontinued probiotics,

**CASE: 12-03 - laboratory data**

**After 1,5 year executed exocrine pancreatic secretion tests :**

**FELA (fecal elastase-1) 378  $\mu\text{g/g}$  (normal above 200  $\mu\text{g/g}$ )**

**$^{13}\text{C}$ -MTG breath test, 6hr. cPDR - 51 % (normal above 30 %)**



**Pancreatic enzyme substitution discontinued,  
at this time gall diet without pancreatic substitution.**



## Chronic pancreatitis - evidence based guidelines

Which test is clinically indicated

**for diagnosing exocrine pancreatic insufficiency (PEI) ?**

**Statement 3-6.** In a clinical setting, a non-invasive pancreatic function test (PFT) should be performed. The **FE-1 test** is feasible and widely available and is therefore most frequently used in this setting, while the **13C mixed triglyceride** breath test (13C-MTG-BT) offers an alternative. The s-MRCP test may also be used as an indicator of PEI but provides only semiquantitative data.

(Grade 1B, agreement)

Is a pancreatic function test required for the diagnosis of CP?

**Statement 3-7. A function test is required for the diagnosis of CP.**

(Grade 2B, strong agreement)

Should a pancreatic function test be performed at the time of diagnosis?

**Statement 3-8. Every patient with a new diagnosis of CP**

should be screened for PEI. (Grade 1A, strong agreement)

*Löhr M. - HaPanEU/UEG Working Group, UEG Journal, 2017, Vol. 5(2) 153–199  
United European Gastroenterology evidence based guidelines for the diagnosis  
and therapy of chronic pancreatitis (HaPanEU)*

**QUANTITATIVE STOOL FAT ANALYSIS**

**STANDARD METHOD FOR  
EXOCRINE PANCREATIC FUNCTION**

**STOOL SAMPLING - 72hr.**

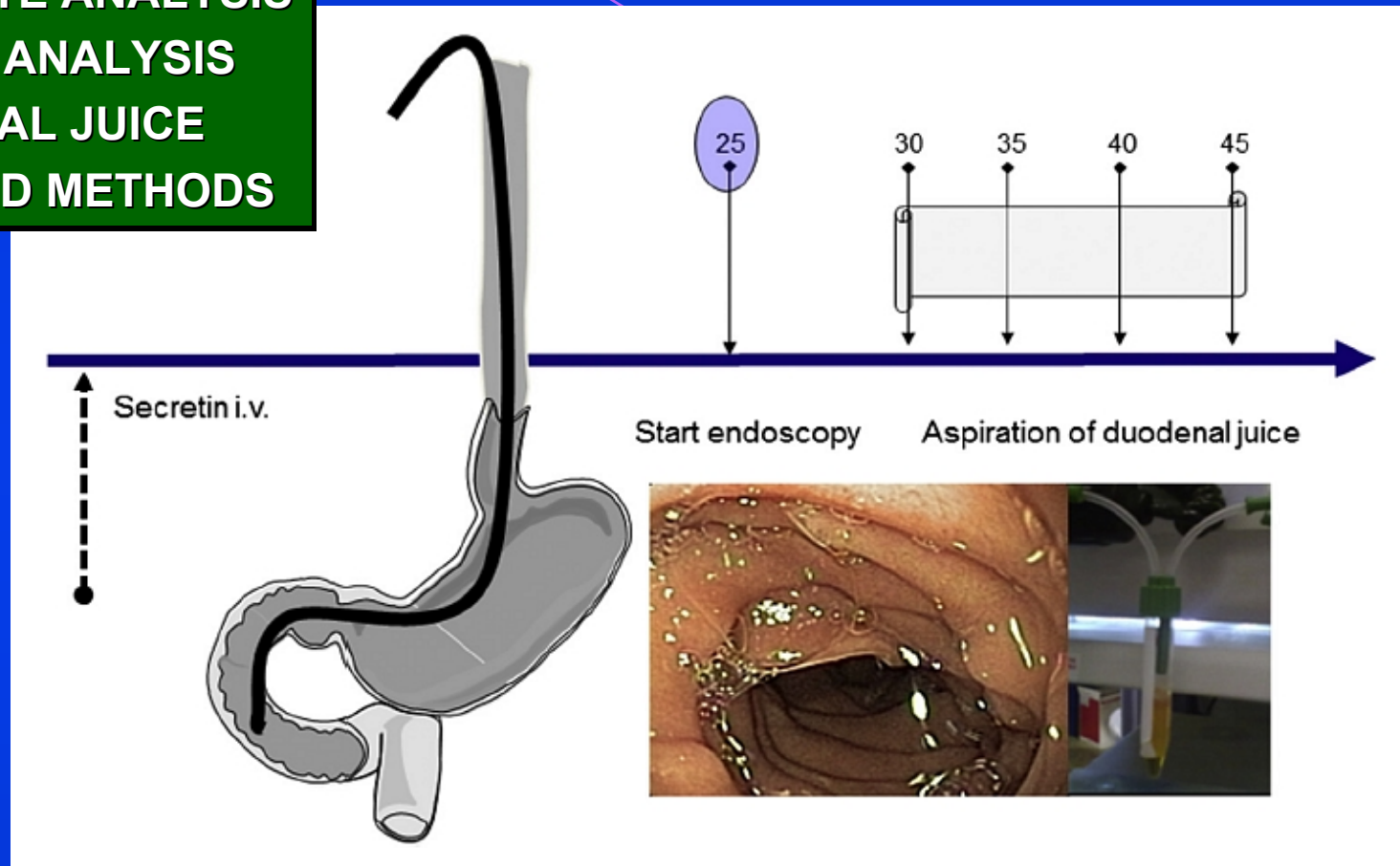


**FAT 72 hr.**

**S-CCK TEST**

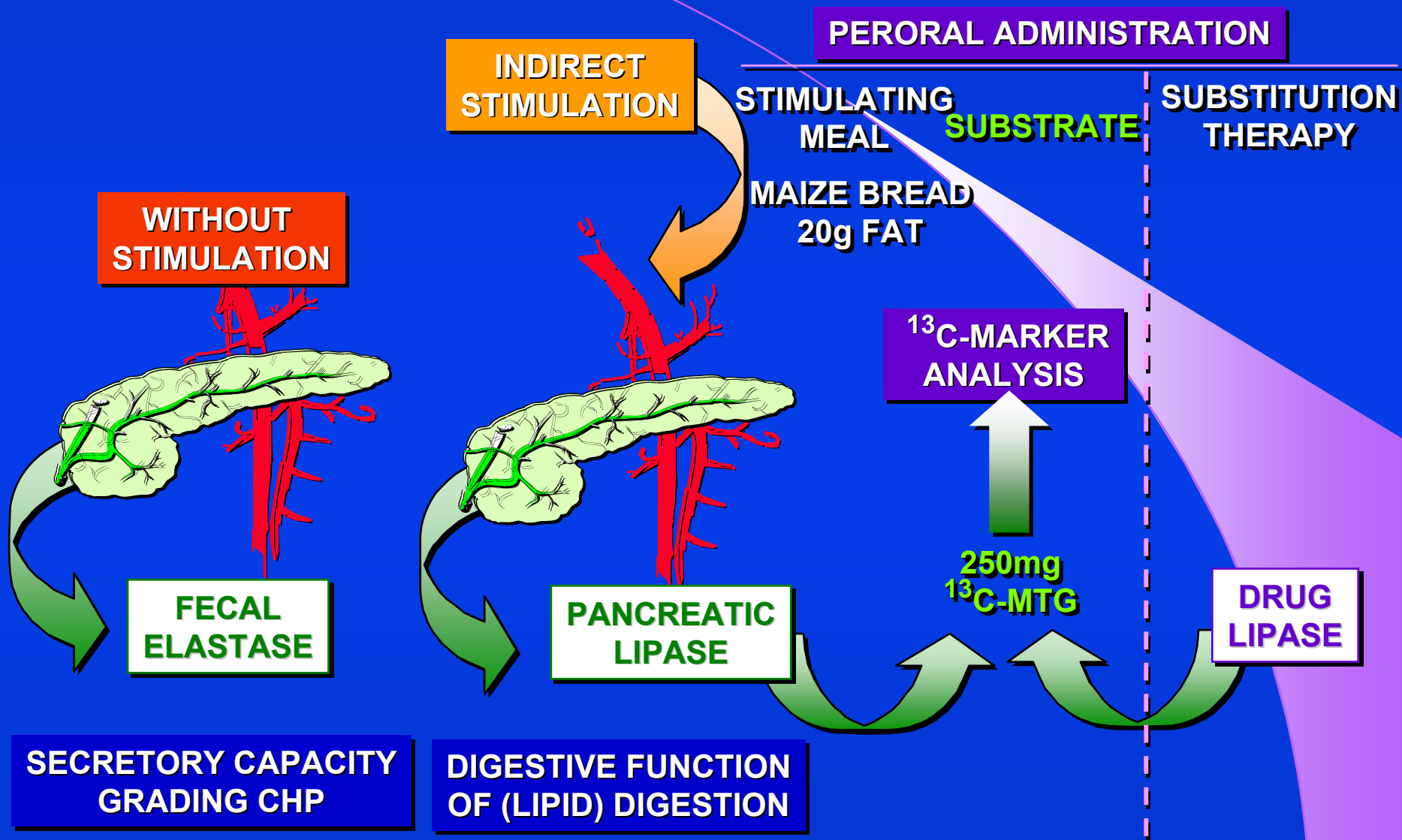
## SHORT ENDOSCOPIC SECRETIN TEST

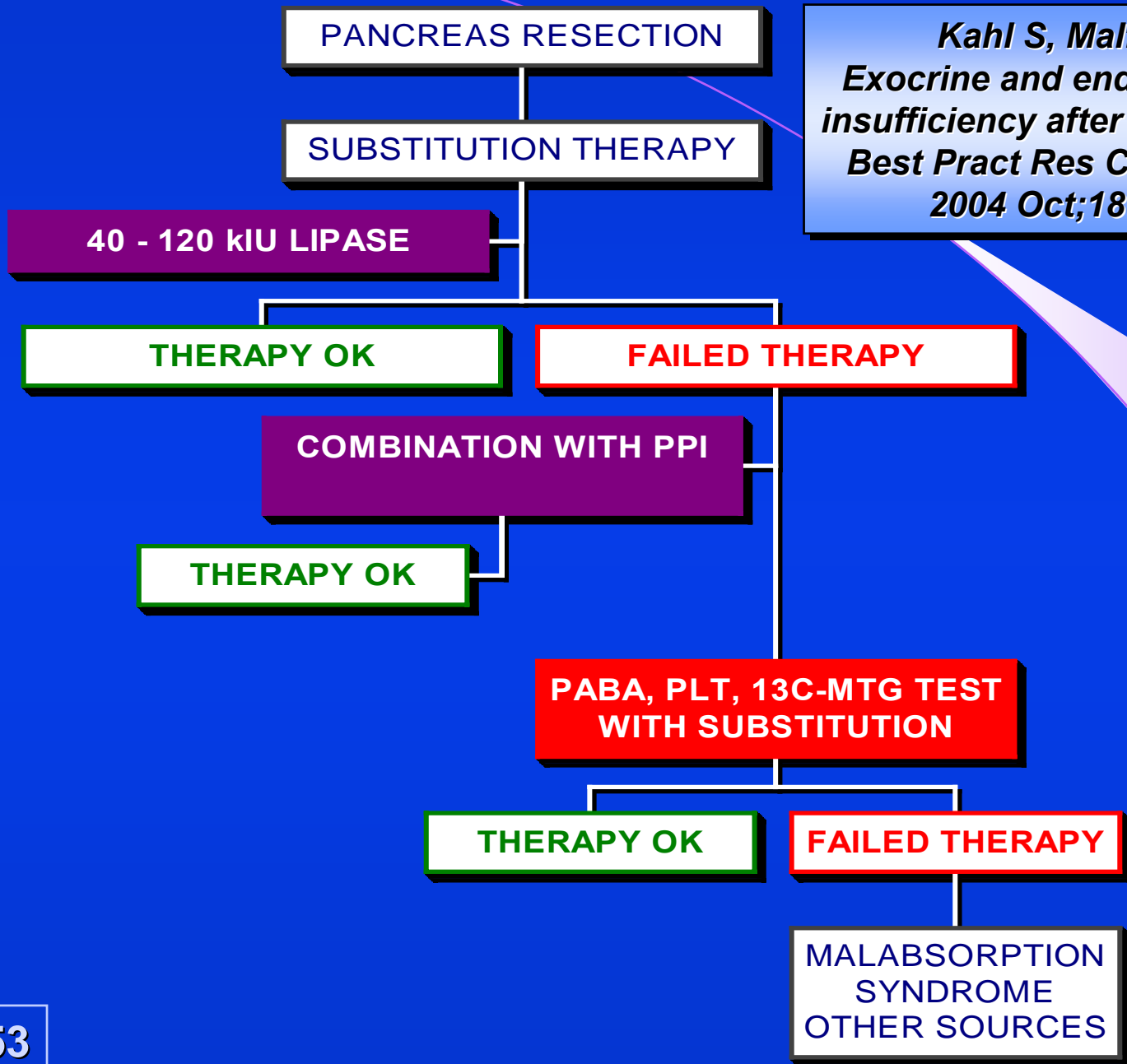
BICARBONATE ANALYSIS  
AMYLASE ANALYSIS  
DUODENAL JUICE  
AUTOMATED METHODS



*Erchinger F, Engjom T, Gudbrandsen OA et al.:  
Automated spectrophotometric bicarbonate analysis in duodenal juice compared  
to the back titration method. Pancreatology. 2016; 16(2): 231-237*

# EXOCRINE PANCREATIC FUNCTION TESTS



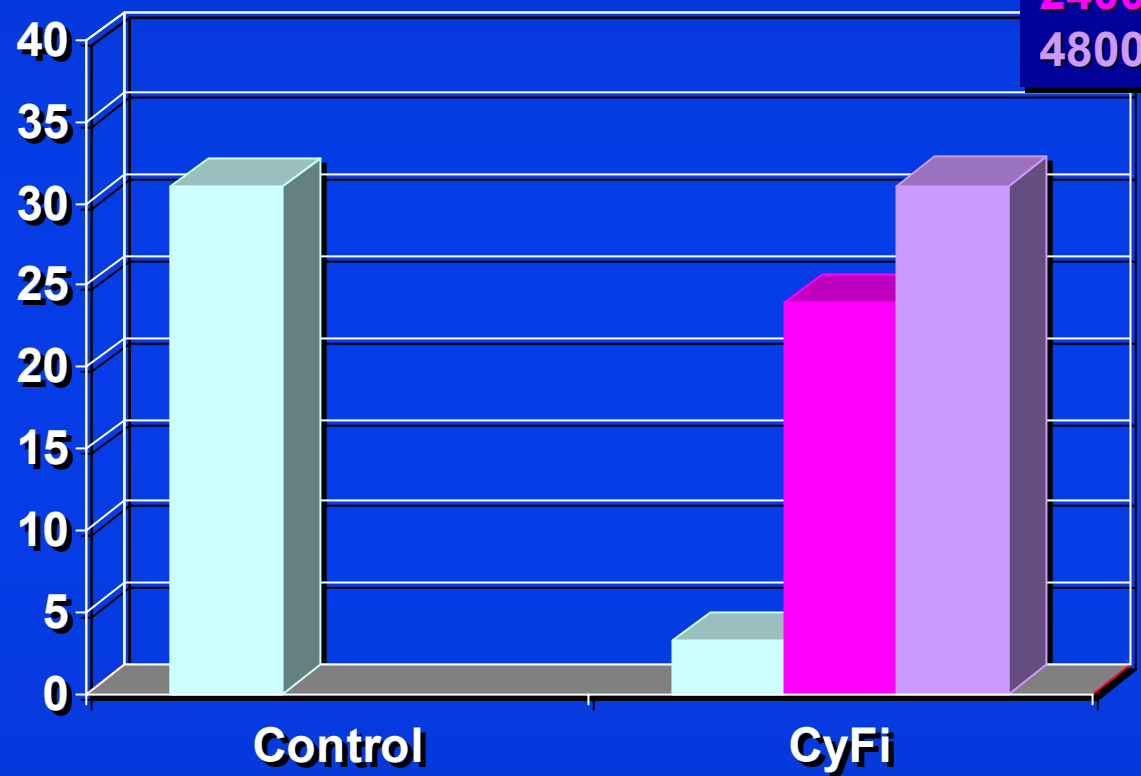


*Kahl S, Malfertheiner P.  
Exocrine and endocrine pancreatic  
insufficiency after pancreatic surgery.  
Best Pract Res Clin Gastroenterol.  
2004 Oct;18(5):947-55.*

**<sup>13</sup>C-MTG - BREATH TEST WITH MIXED TRIGLYCERIDE**

**cPDR <sup>13</sup>C**

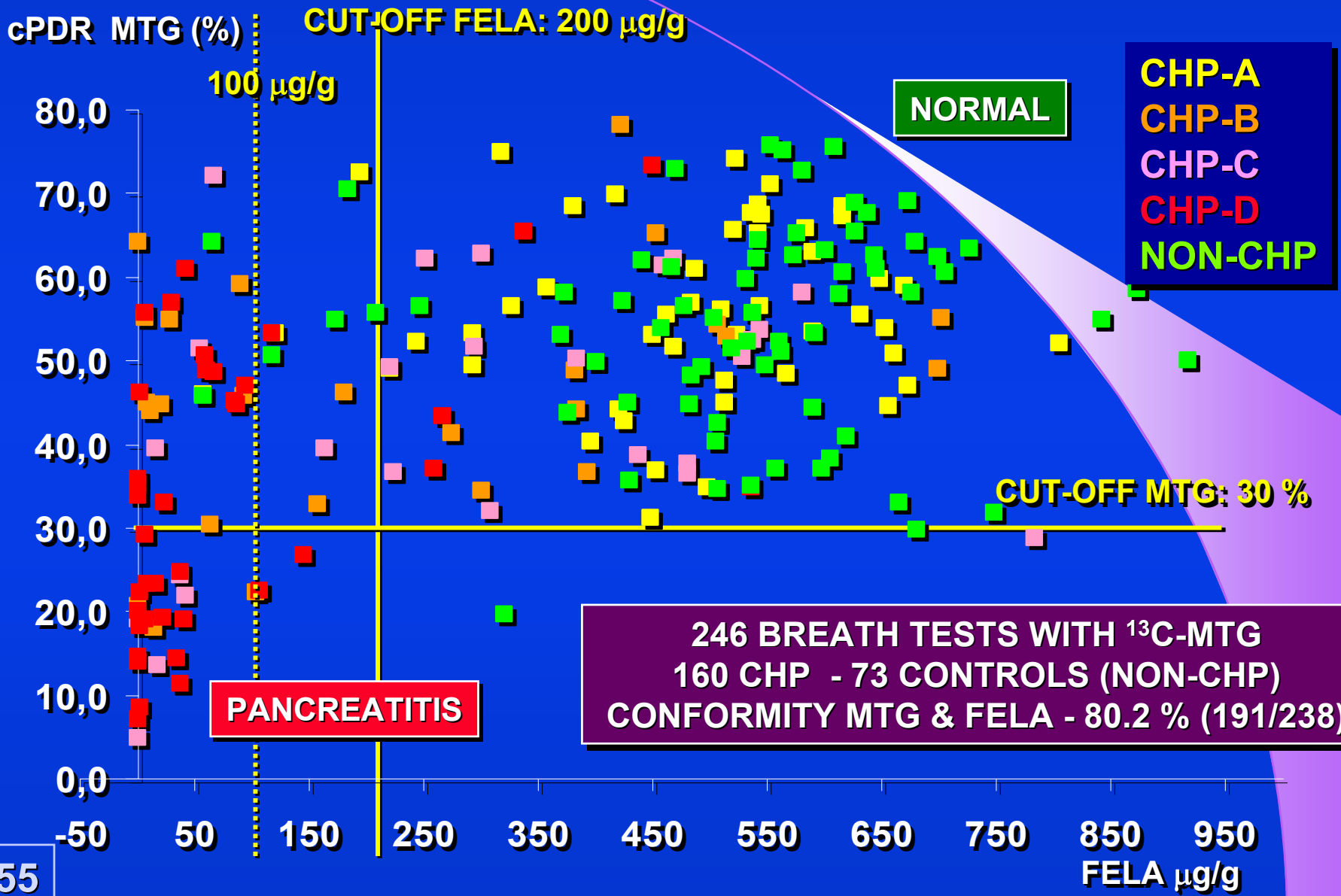
**CF without enzyme therapy**  
 2400 IU lipase/kg/food  
 4800 IU lipase/kg/food



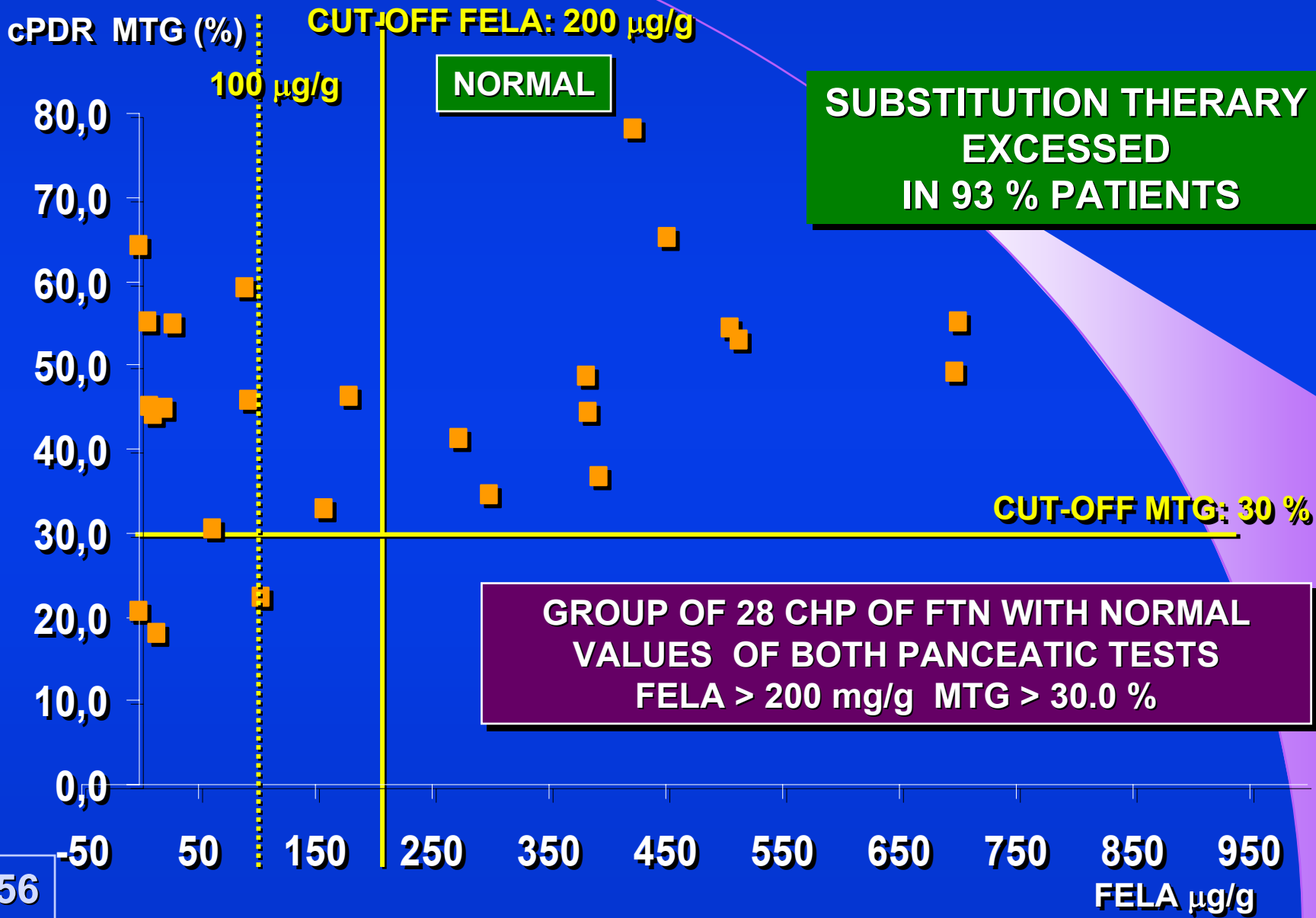
**10 mg/kg <sup>13</sup>C-MTG**  
**cPDR 6 hours**

*13Carbon mixed triglyceride breath test and pancreatic enzyme supplementation in cystic fibrosis*  
 Amarri S. et al.: Archives of Disease in Childhood 1997; 76: 349–351

**$^{13}\text{C}$ -MTG - BREATH TEST & FECAL ELASTASE**



**<sup>13</sup>C-MTG - BREATH TEST & FECAL ELASTASE**



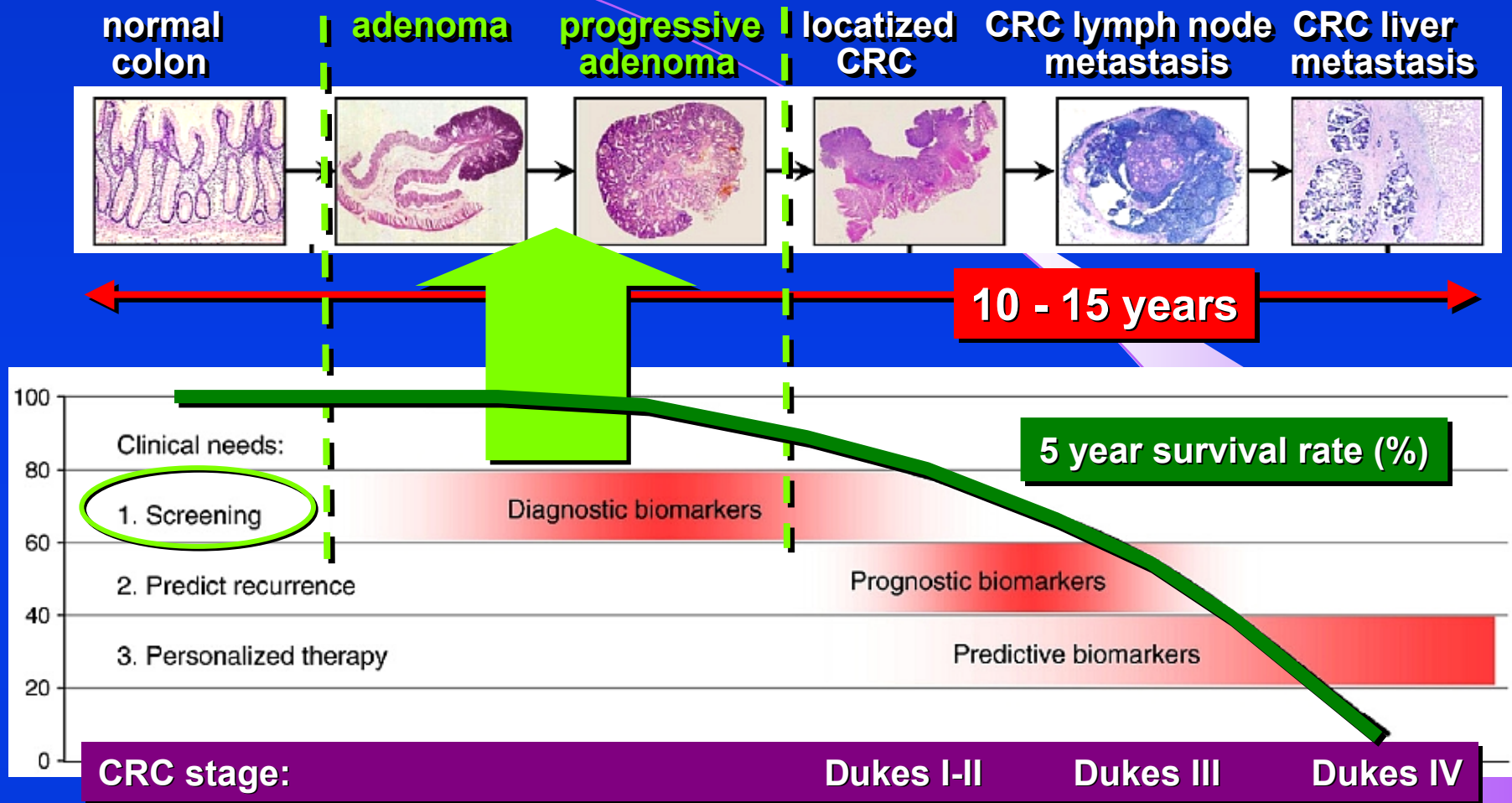


**HELICOBACTER PYLORI  
PEPSINOGENS, GASTRITIS  
COELIAC SCREENING - THERAPY  
CHRONIC PANCREATITIS  
EXOCRINE PANCREATIC FUNCTION  
QUANTITATIVE FIT  
COLORECTAL CANCER SCREENING**



- Colorectal carcinoma is the most common tumor of the GE tract
- In the Czech Republic (2017) was diagnosed 7439 subjects with CRC, on CRC died 3685 patients, more than 50% of the mortality is due to the high proportion of patients diagnosed in advanced stages III and IV
- Screening over 50 years - the target population in the Czech Republic 2017 - includes 4,056 641 subjects
- FOBT/TOKS screening test was carried out in 2015/16 in 1 202 628 persons, ie. 29.6%
- FOBT/TOKS + indicated colonoscopy in 2017 found only 846 CRC of 8136 diagnosed CRC, which is only 11.3%

*Suchanek S., Majek O., Vojtechova G., Minarikova P., Rotnaglova B., Seifert B., Minarik M., Kozeny P., Dusek L., Zavoral M.: Colorectal cancer prevention in the Czech Republic: time trends in performance indicators and current situation after 10 years of screening  
European Journal of Cancer Prevention 2014, 23:18–26*



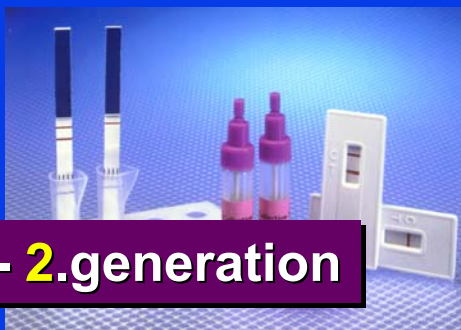
*Proteomics of colorectal cancer: overview of discovery studies and identification of commonly identified cancer-associated proteins and candidate CRC serum markers. Jimenez CR, Knol JC, Meijer GA, Fijneman RJ. - J Proteomics. 2010;73:1873-1895*

## FECAL OCCULT BLOOD TEST- FOBT/TOKS (in Czech)

J Med Screen. 2002;9(3):99-103. Basic variables at different positivity thresholds of a **quantitative immunochemical test** for faecal occult blood. Castiglione G, Grazzini G, Miccinesi G, Rubeca T, Sani C, Turco P, Zappa M.

2005

qi-FOBT - 3.generation



i-FOBT - 2.generation

1990



1975

g-FOBT - 1.generation

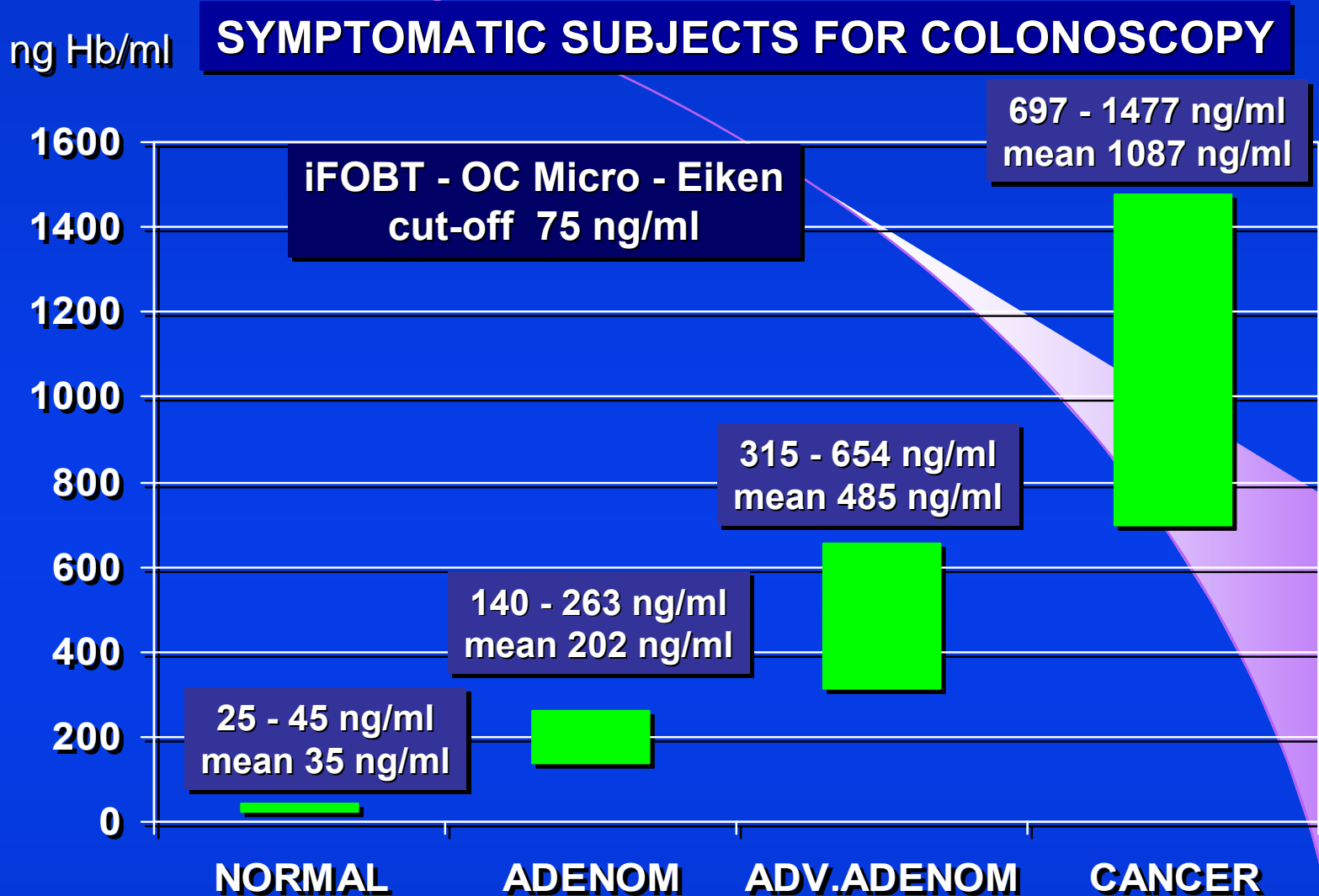
Schweiz Med Wochenschr. 1976 Feb 28;106(9):297  
The **hemoccult test** in the screening for colonic carcinoma  
Deyhle P, Nüesch HJ, Kobler E, Jenny S, Säuberli H.

## QUALITATIVE FIT METHODS, RAPID TESTS - POCT

German study - Dtsch Med Wochenschr - 05/2016

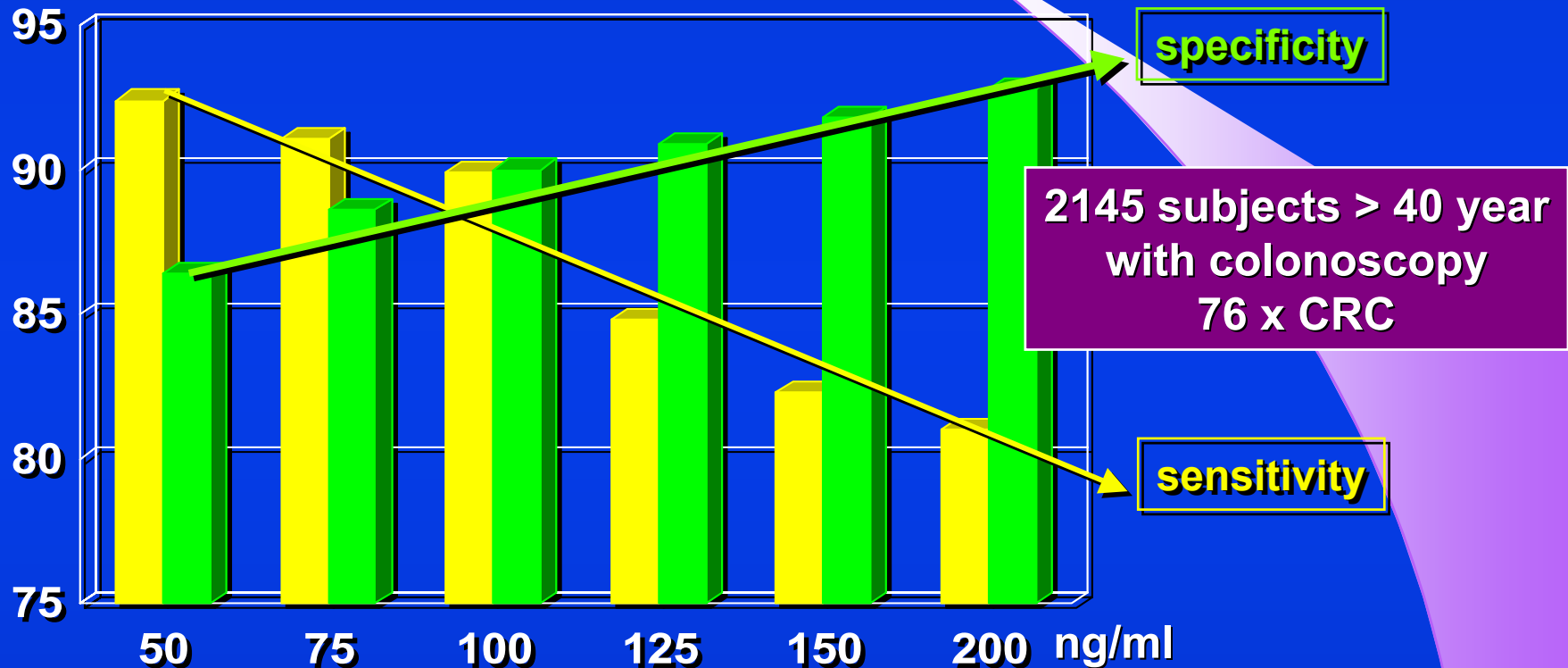
- There are different FITs on the market, namely qualitative FITs (point-of-care tests) and quantitative FITs.
- European Guidelines for quality assurance in colorectal cancer screening **only recommend quantitative FITs**
- The use of qualitative FITs is not a tenable option for a **quality-assured screening program.**

*Haug U., Becker N. Dtsch med Wochenschr 2016; 141(10): 729-731  
Immunochemical fecal occult blood tests for colorectal cancer screening:  
Point-of-care tests are not tenable for a quality-assured program*



Levi Z., Rozen P., Hazazi R., Vilkin A., Waked A., Maoz E., Birkenfeld S., Leshno M., Niv Y.  
 Ann Intern Med. 2007;146:244-255  
 A Quantitative Immunochemical Fecal Occult Blood Test for Colorectal Neoplasia

Optimization of qFIT cut-off, for indication to colonoscopy:  
 Indicate as much as possible, all pathology - with **15% healthy subjects** ?  
 NOT indicate healthy subjects, but **decrease sensitivity about 15%** ?

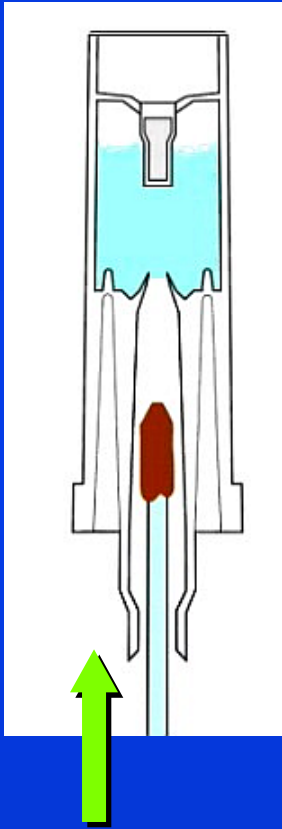


*Higher Fecal Immunochemical Test Cutoff Levels*

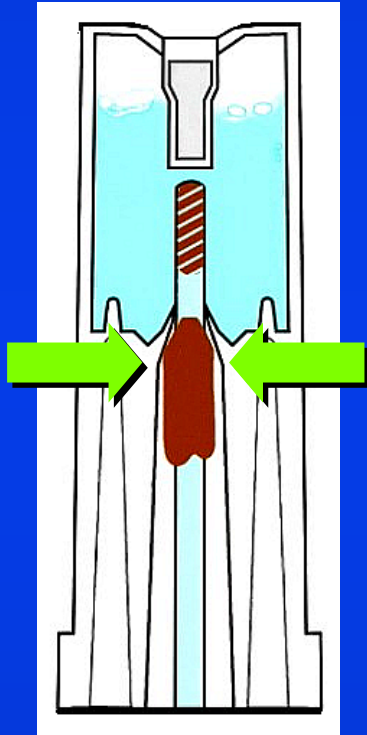
*Terhaar sive Droste JS et al. Cancer Epidemiol Biomarkers Prev. 2011; 20(2)*

**SAMPLINS SYSTEM - OC SENSOR  $\mu$**

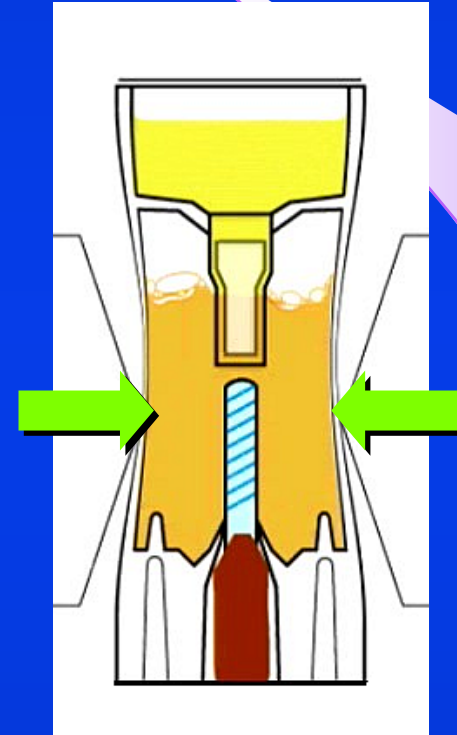
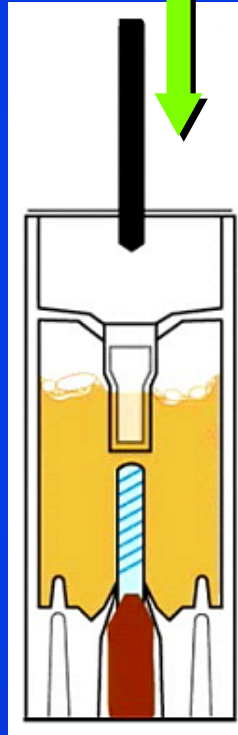
**STOOL SAMPLE INSERT**



**ALUMINIUM FOIL PERFORATION**

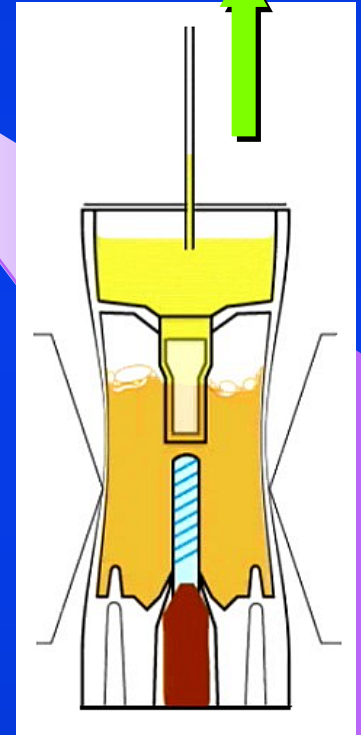


**TRANSFER of 10 mg STOOL SAMPLE**



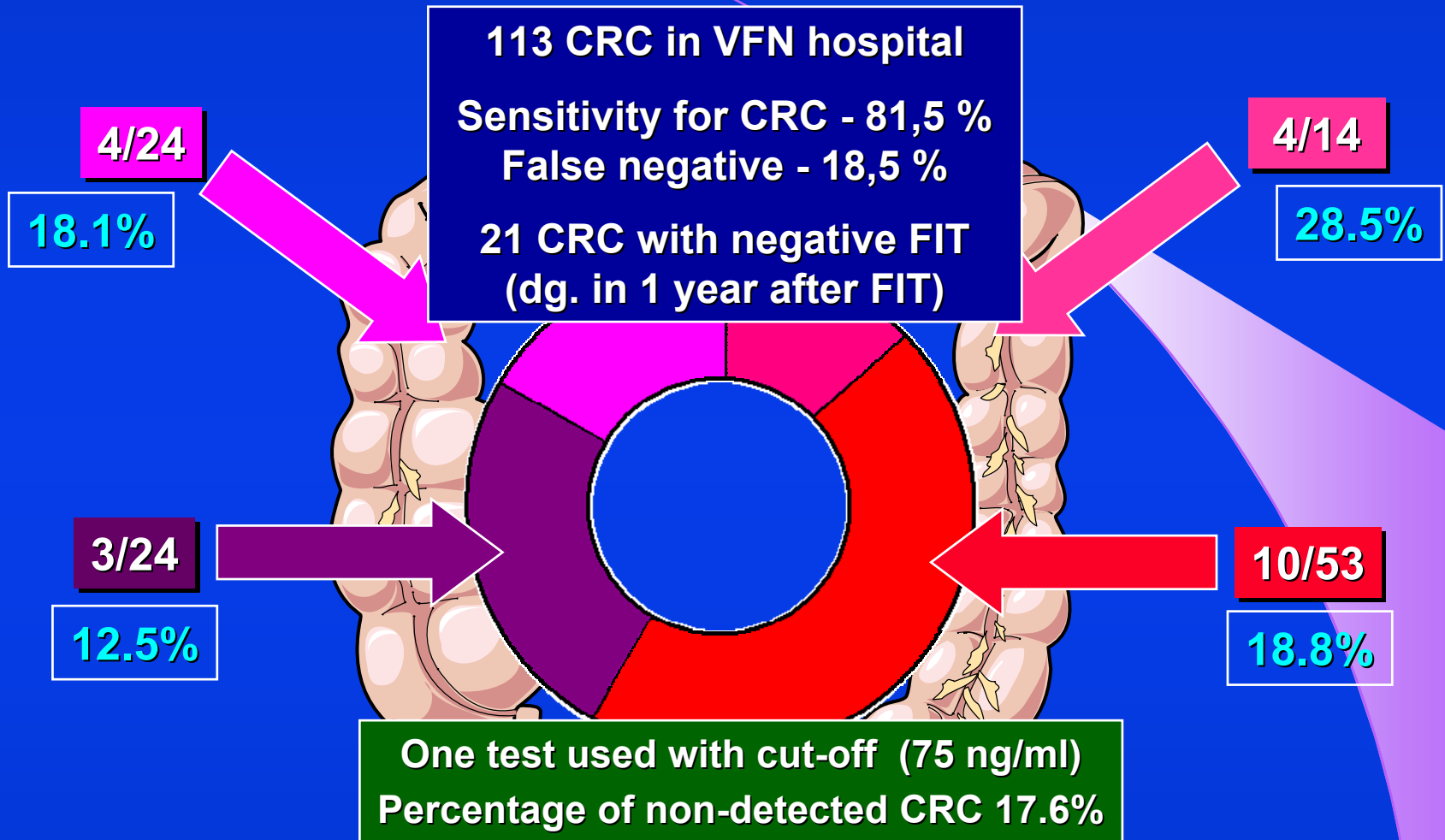
**FILTRATION OF SAMPLE EXTRACT**

**25  $\mu$ l INJECT TO CUVETTE**





**CRC TUMOUR POSITION - FALSE NEGATIVE**



*Kelley L, Swan N, Hughes DJ. - Colorectal Dis. 2013 Sep; 15(9): e512-21*  
*An analysis of the duplicate testing strategy of an Irish immunochemical FOBt colorectal cancer screening programme*

## INTEGRATION OF CRC RISK FACTORS

**Guideline ACS 2018 - CRC screening > 45 years**  
**Colorectal cancer screening for average-risk adults:**  
**2018 guideline update from the American Cancer Society.**  
**CA Cancer J Clin 2018;68:250-281.**

Age is important, but also several other factors, such as gender, first-degree relationship with CRC, high body mass index (BMI), metabolic syndrome, cigarette smoking, diet, use of certain drugs (aspirin, nonsteroidal anti-inflammatory drugs, hormone replacement therapy) and adherence.

**The disadvantage is the inability to integrate these factors into personalized screening.**

Clin Gastroenterol Hepatol. 10/2018

*Lowering the Starting Age for Colorectal Cancer Screening to 45 Years:  
Who Will Come...and Should They?*

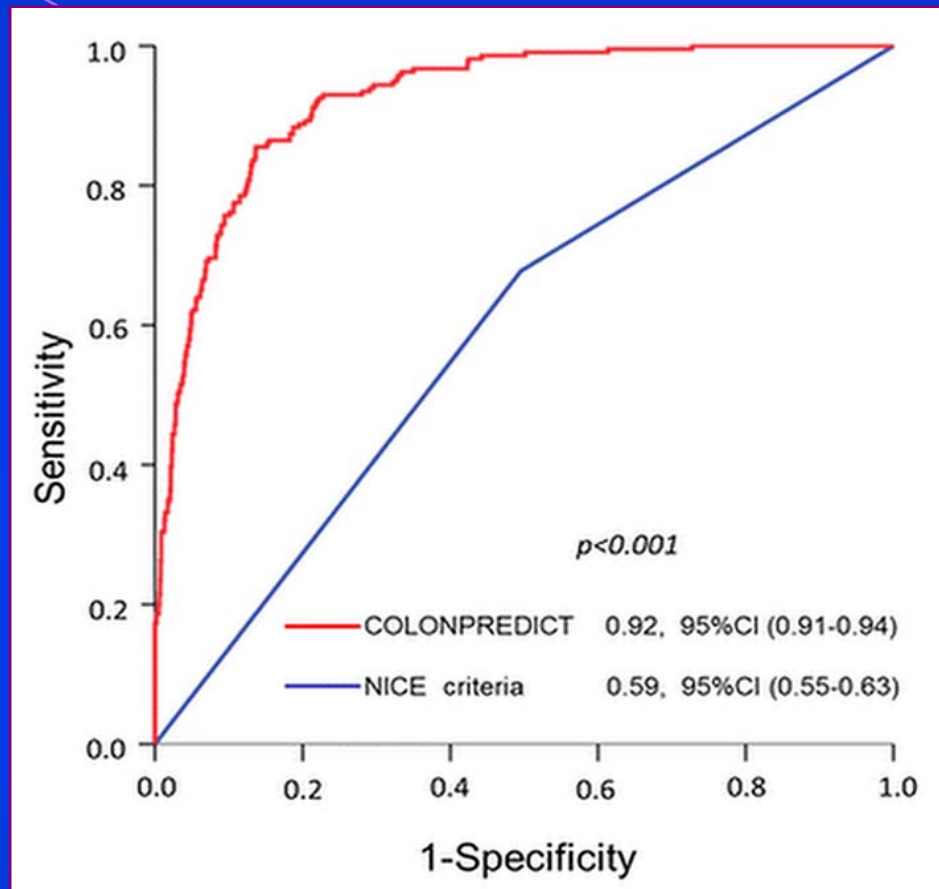
*Imperiale TF, Kahi CJ, Rex DK.: Clin Gastroenterol Hepatol. 2018 (10):1541-1544*

CRC PREDICTION MODEL - COLONPREDICT

Prediction model with 11 variable

Characteristics	OR
Age (years)	1.04
Sex (male)	2.2
Hb - fecal $\geq 20 \mu\text{g/g}$	17.0
Hb - blood $< 10 \text{ g/dl}$	4.8
CEA $\geq 3 \text{ ng/ml}$	4.5
Colonoscopy in 10 years	0.1
Rectal bleeding	2.2
Change in bowel habit	1.7

Low risk	value	$< 3.5$
Intermediate risk	value	$3.5 - 5.6$
High risk	value	$\geq 5.6$

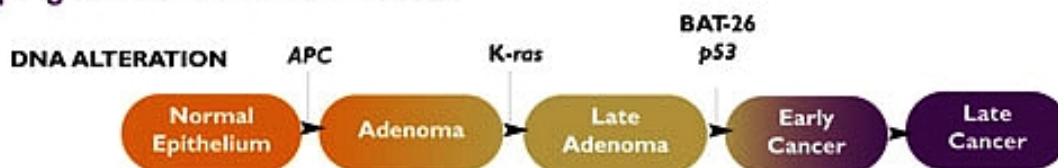


*Development and external validation of a faecal immunochemical test-based prediction model for colorectal cancer detection in symptomatic patients*  
 Cubiella J, Vega P, Salve M. et al. BMC Medicine 2016, 14:128

## MOLECULAR BIOLOGY

### DNA CHIPS FOR COLORECTAL CANCER SCREENING

Colorectal cancer develops in well-defined stages and arises from molecular alterations in multiple genes within an individual cell.



Adapted from Fearon ER, Vogelstein B. Cell. 1990;61:759-767.

**PreGen-Plus is a single test comprised of 23 molecular markers of colorectal cancer. These include:**

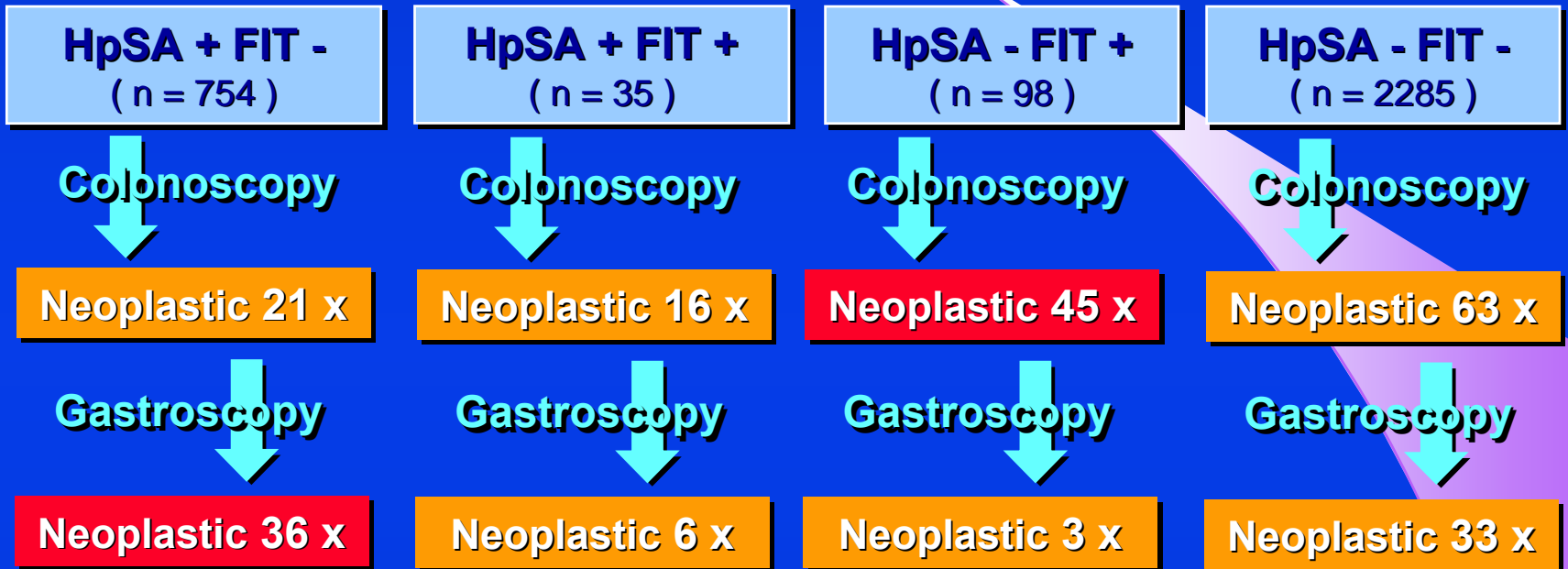
- 21 point mutations in APC, K-ras, and p53
- One microsatellite instability marker, BAT-26
- One Long DNA marker, DNA Integrity Assay (DIA®)

Copyright © EXACT Sciences Corporation. All Rights Reserved.

**PreGen-Plus - 23 CRC MOLECULAR MARKERS**  
**21 MUTATIONS - APC, K-ras, p53**  
**MIKROSATELLITE INSTABILITY - BAT-26**

**Cologuard® - DNA stool test (Exact Sciences)**  
**approved by FDA, September 04, 2014**  
**cena testu je 600 U\$, www.medscape.com**

**CANCER SCREENING - GASTRIC @ COLORECTUM**



*Lee YC, Chiu HM, Chiang TH, et al. BMJ Open 2013;3:e003989. Accuracy of faecal occult blood test and Helicobacter pylori stool antigen test for detection of upper gastrointestinal lesions.*

<http://www1.lf1.cuni.cz/~kocna/glab/glency1.htm>

<http://gelab.zde.cz>

gastroenterologii

## GastroLab



Skupina metodik funkce tenkého střeva, malabsorpce, screening céliakie, střevní propustnost, bakteriální přerůstání

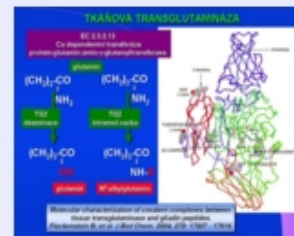
- Alfa-1 antitrypsin ve stolici
- Anti-endomysium IgA
- Anti-gliadin IgA, IgG
- Anti-tTG IgA, IgG**
- Anti-gliadin, tTG ve stolici
- A-vitamin zátěžový test
- β-karoten
- β-karoten zátěžový test
- Céliakie - monitoring
- Céliakie - screening
- Dechový test s laktózou
- Dechový test s xylózou
- Gliadin 33mer
- Laktózový toleranční test
- Laktulózo/mannitolový test
- Vyšetření stolice
- Xylózový toleranční test

Intro

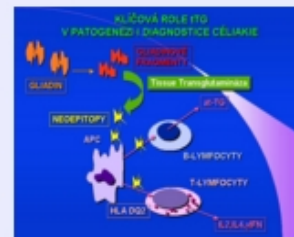
Abecední přehled metodik

### Protilátky ke tkáňové transglutamináze (atTG) - IgA a IgG

**Tkáňová transglutamináza** má přímý vztah k patogenezi onemocnění a byla popsána jako vlastní, chemický substrát endomysia. Tkáňová transglutamináza - (isoenzym transglutaminasa II, TG2 - EC 2.3.2.13, je transferázou, systémový název je protein-glutamin:amin-g-glutamyltransferasa. Je to Ca<sup>2+</sup> dependentní enzym, katalyzující deaminaci glutaminu na glutamát, rovněž vede ke vzniku intramolekulární vazby glutaminu na další primární amin, např. lysin a vede k agregaci glutaminových peptidů. Stanovení protilátek ke tkáňové transglutamináze (atTG) má proto rovněž velmi vysokou diagnostickou efektivitu, podobně jako **EmA protilátky** (senzitivita 87-97% a specificita 88-98%). Stanovení atTG je prováděno klasickou metodou ELISA, což je pro rutinní diagnostiku technika dostupnější než imunofluorescenční průkaz EmA.



**Protilátky atTG** lze na rozdíl od EmA stanovit ve třídě IgA i IgG, což má význam pro nemocné se selektivním deficitem IgA. Metoda byla popsána s použitím morčecího antigenu, který je použit ve většině starších souprav, novější soupravy již používají jako antigen tkáňovou transglutaminázu izolovanou z lidských buněk, z lidských erytrocytů, nebo rekombinantní tTG izolovanou na E.coli. Referenční hodnoty se liší u jednotlivých souprav, většinou je pro IgA protilátky uváděna horní hranice normy 10 - 15 IU/l, některé soupravy definují i tzv. gray-zone v rozsahu 10 - 20 IU/l. Stanovení protilátek atTG s lidským, rekombinantním antigenem vykazuje nižší falešnou pozitivitu než metody s morčecím antigenem. Nejnovější studie porovnávají protilátky třídy IgA a IgG, a POCT metodiky stanovení atTG protilátek. Stanovení protilátek atTG ve třídě IgA je doporučeno jako základní screeningový test pro diagnostiku **celiakie**. Pro screening byla v roce 2011 použita i technologie detekce atTG ve slinách, a nejnovější studie popisují zcela nové technologie detekce protilátek elektrochemickými imunosenzory. Nejvyšší spolehlivost, citlivost i specificita 99-100% je prokázána pro komplex transglutaminázy s deamidovaným gliadinem (neo-tTG).



#### Reference

Infantino M. - J Immunol Methods. 2021, [Medline - link](#)

Ylönen V. - Nutrients. 2020, [Medline - link](#)



NČLP

**NLM Medline on-line abstracts**

**Direct link to MZČR National lab.registry**