Biochemistry of connective tissue - extracellular matrix

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Connective tissue

The connective tissue is formed by:

CELLS

and

EXTRACELLULAR MATRIX (intercellular matrix)

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Extracellular matrix

Function

- stabilisation of tissue structure
- regulation cell behavior
 - survival, development, migration, proliferation
- membrane filtration barrier (glomerules)
- exchange of different metabolites, ions and water
- reparation function
- immune processes
- participation in inflammation

Cells of connective tissue

- Fibroblasts
- Chondroblasts (cartilage)
- Osteoblasts (bone)
- Odontoblasts (tooth)

These cells synthetise extracellular matrix.

Extracellular matrix

Parts of the extracellular matrix

- FIBRILLAR PROTEINS (collagen, elastin)
 - insoluble in water, no hydratation
- GLYCOPROTEINS (e.g. fibronectin, laminin)
- GLYCOSAMINOGLYCANS AND PROTEOGLYCANS
 - soluble in water, easily hydratated



Extracellular matrix

FIBRILLARY PROTEINS

- Structural proteins
 - collagen *firmness*
 - elastin *elasticity*

COLLAGENS

The most abundant proteins in mammals. They form approximately 25 % of all body proteins.

Collagens

Collagenum

gr. *kolla* glue;

gr. gennao constitute

By boiling collagen is denatured to a colloid solution (gelatine). From the nonpurified collagen the glue arises.

Incidence

- main protein of the extracellular matrix
- component of tendons, cartilages, bones, and teeth (dentin and cement), skin and vessels.

Properties

- fibrillary proteins
- nonsoluble (glyco-) proteins
- HIGH STRENGHT, BUT ALSO SUPPLENESS

Structure of collagen



Collagen has an characteristic amino acid composition and their specific sequence.

Primary structure

- Characteristic AA composition
- Characteristic AA sequence

Mature collagen contains no tryptophan and almost no cysteine – from the nutritional point of view not fully valuable protein.

Primary structure of collagen

Characteristic AA composition

- Fundamental amino acids
 - Glycine 33 % (x Hb 4 %)
 - Proline 13 % (x Hb 5 %)



 Derived amino acids 4-Hydroxyproline 9 % (x Hb 0 %)
5-Hydroxylysine 0,6 % (x Hb 0 %)
Origin by posttranslational modification

Hb = hemoglobin

Primary structure of collagen

Fundamental AA

• Glycine

- Proline
- Derived AA
 4-Hydroxyproline
 - 5-Hydroxylysine



Primary structure of collagen Characteristic AA sequence Triplet



- Every third AA is GLYCINE
- On the next position frequently PROLINE
- On the third position frequently hydroxyproline, ev. hydroxylysine

Primary structure of collagen

Example of AA sequence of a part of the polypeptide chain



Globular proteins rarely show periodicity in AA sequence.

Secondary structure of collagen

Comparison of collagen helix to the α -helix, which represents the most common secondary structure in proteins.

Collagen helix

- levorotatory helix
- steeper rising
- 3,3 AA/turn
- intrachain hydrogen bonds not present
- proline prevents formation of α -helix or β -pleated sheet

 α -helix

(the most common secondary structure in proteins)

- dextrorotatory helix
- gradual rising
- 3,6 AA/turn
- stabilization by intrachain hydrogen bonds

Triple helix

Three α-chains of collagen



This structure is responsible for the tensile strenght.

Triple helix

The origin is dependent on the oddness of the primary structure

- High presence of glycine
 - smallest amino acid, no side chain (only -H)
 - placed in the centre of triple helix, where no space is available
 - close contact between the chains

Triple helix is stabilized by hydrogen bonds between each peptide bond -NH group of glycine and C=O group of the peptide bond of the adjacent polypeptide chain.

Collagen chains

The collagen chain is extraordinarly long and contains approximately 1000 AA.

The collagen chains are called $\alpha 1 - \alpha 3$.

- They differ in AA representation
- Products of different genes e.g. $\alpha_{1(I)}$ or $\alpha_{2(V)}$
- Roman digit labels the collagen type

More than 30 different types of collagen exists.

Collagen chains

The representation of chains differs in individual types of collagens.

The collagens may form homotrimers or heterotrimers.

Homotrimers

- molecule of collagen is formed by three identical chains;
- e.g. collagen type III is formed by three $\alpha_{1(III)}$ chains

Heterotrimers

- molecule of collagen is formed by different chains;
- e.g. collagen type I is assembled of two $\alpha_1(I)$ $_{chains}$ and one $\alpha_2(I)$ $_{chain}$

Collagen synthesis

Collagen is an example of a protein, whose synthesis is connected with many posttranslational modifications (treatment of the polypeptide chain), which take part intra- and extracellularly.

Synthesis and posttranslational modifications of collagen

Synthesis of polypeptide chain

Hydroxylation of proline and some lysine residues

Glycosylation of selected hydroxylysine residues

Formation of -S-S- bonds in extension peptides

Triple helix formation

Secretion of procollagen

Posttranslational modifications of collagen

Extracellular processes



Posttranslational modifications in the course of collagen synthesis

INTRACELLULAR PROCESSES

Hydroxylation of proline and lysine residues

Enzymatically catalyzed reaction

- Prolylhydroxylase
- Lysylhydroxylase

Dioxygenases contain Fe

cofactors

- Vitamin C !!!
- α -ketoglutarate

Reaction needs oxygen. One O atom forms -OH group of hydroxyproline, the other becomes part of the originating succinate.

Hydroxylation of the proline and lysine residues

Reactions catalyzed by prolylhydroxylase



Dioxygenase contains Fe

Vitamin C Maintains Fe²⁺ in a reduced state

Hydroxylation of proline and lysine

Reaction catalyzed by prolylhydroxylase

 reaction highly specific only for proline attached in the polypeptide chain to the amino group of the glycine

Hydroxylation of proline and lysine

Importance of proline and lysine residues hydroxylation

Hydroxyproline

 necessary for origin of triple helix by formation of hydrogen bonds between individual chains

Hydroxylysine

glycosylation on the formed -OH group

Deficiency of vitamin C

Nonhydroxylated chain is not able to mature

The stable triple helix cannot be formed

Immediate degradation inside the cell

Loss of collagen in the matrix

Falling out of teeth Vascular fragility Poor wound healing

Vitamin C deficiency

Avitaminosis - scurvy

Manifestation of avitaminosis in oral cavity

- swollen reddish gums
- falling out of the teeth

Glycosylation

Attachment of galactose or galactosylglucose
 to -OH group of the hydroxylysine

Enzymatically catalyzed reaction

- Galactosyltransferase
- Glucosyltransferase
- Number of saccharide units depends on the type of collagen e.g.:
- Type I (tendons) 6 units
- Type II (lens envelope) 110 units

Glycosylation

Glycosylated residue of hydroxylysine in the molecule of collagen



Mechanism of glycosylation is different than that in the glycosylation of serine or asparagine.

Formation of -S-S- bonds

Disulphide bonds

- in the region of C-terminal propeptides
 - interchain and intrachain disulphide bonds
- in the region of N-terminal propeptides
 - intrachain disulphide bonds

Importance

- necessary for initiation of triple helix formation starts from the C-end
- secretion out of the cell

Formation of -S-S- bonds C-end N-end interchain intrachain disulphide bonds

intrachain disulphide bonds

Procollagen N-end C-end N-terminal C-terminal propeptide TROPOCOLLAGEN propeptide of the of the procollagen mature molecule of procollagen the collagen globular globular domain domain

Function of propeptides

- Start the formation of triple helix in ER intracellularly.
- Prevent a premature fibril formation extracellularly.

Posttranslational modifications in the process of collagen synthesis

EXTRACELLULAR PROCESSES

Cleaving of the propeptides


Tropocollagen

- Greek tropé turn, induce a turn
- monomer of the collagen mature molecule of collagen
- Mr = 300 000

TROPOCOLLAGEN

monomer

N-terminal telopeptide of collagen (INTP) telopeptide of collagen (ICTP) nonhelical area of chains

C-terminal nonhelical area of chains

MARKERS OF BONE DEGRADATION (detection in serum or in the urine)

Formation of fibrils

Tropocollagen — Collagen fibril

The way of aggregation of fibrillary collagen

- Regular arrangement along the row and in the adjacent row
- Monomers in one row are not linked end to end (gap 40 nm)
- The adjacent row is displaced by $\frac{1}{4}$ of the length
- In the arrangement of monomers act the weak noncovalent bonds



Assembling of collagen fibrils



Formation of cross-links

Collagen fibers are stabilized by formation of the covalent cross-links, which can be formed either within the tropocollagen molecule between the three chains – intramolecular cross-links and between the tropocollagen molecules – intermolecular cross-links.



Intramolecular cross-links

Formation of cross-links

Function of cross-links

stabilization and strengthening of collagen fibril

Cross-linking

high breaking strength lower extensibility

Formation of cross-links

Character of cross-links

covalent bonds

Examples

- aldol cross-link
 - intramolecular
- pyridinoline a deoxypyridinoline cross-links histidine-aldol cross-link
 - intermolecular

Aldol cross-link

 Cross-link on the N-end of tropocollagen is formed between the lysine residues of two chains

Mechanism of formation

- 1. oxidative deamination of lysine, aldehyde formation
 - by the enzyme lysyloxidase
 - aminooxidase, containing Cu²⁺
 - prosthetic group pyridoxalphosphate
- 2. Aldol condensation of aldehyde groups

spontaneous reaction, two aldehydes form a cross-link

Pyridinoline and deoxypyridinoline cross-link

 Cross-link between N-end of one tropocollagen molecule and C-end of the adjacent tropocollagen molecule

Pyridinoline

of 3 hydroxylysine residues

Deoxypyridinoline

- of 2 hydroxylysine and 1 lysine residues
- more specific for bone and dentine

Pyridinoline and deoxypyridinoline cross-links

Mechanism of origin

1. step - oxidative deamination of lysine to aldehyde

catalyzed by lysyloxidase enzyme

2. step - formation of ketoamine

 nonenzymatic reaction of oxidized hydroxylysine with nonoxidized lysine (hydroxylysine)

Pyridinoline a deoxypyridinoline cross-links

- 3. step formation of the pyridine ring
 - Interaction of ketoamine with the free aldehyde group of the hydroxylysine closes the heterocyclic pyridine ring, linking covalently three diferent collagen chains

Intermolecular cross-bridge



Pyridinoline a deoxypyridinoline cross-links

- In the course of bone degradation these cross bridges are separated from collagen fibers, released to blood and excreted to urine.
- The pyridinoline and particularly the deoxypyridinoline bridges may be determined in blood and urine.

MARKERS OF BONE DEGRADATION

Overview of collagens - classes

Fibrillar collagens - e.g. types I, II, III, V

• "typical" collagens forming fibrils

Collagens associated with collagen fibrils – for example types VI, IX, XII, XIV, XVI

- Triple helix is interrupted by sections making possible the bending of the molecule.
- These collagens attach to the surface of collagen fibrils and join them together and connect them to other constituents of extracellular matrix

Net forming collagens - types IV, VIII and X

- Do not form typical fibrils
- Net like arrangement
- Nonhelical globular domains on the ends of the molecule

Overview of collagens-classes

Anchoring collagens - type VII

- forms anchoring fibers
- strengthen the connection of dermis and epidermis

Transmembrane collagens - types XIII and XVII

integral membrane proteins

Overview of collagens

Some fibrilar collagens			
Туре	Molecular structure	Occurrence	
Ι	$[\alpha_1(I)]_2 [\alpha_2(I)]$	widely present, skin, vessels, tendons, gingiva, bone, cement, dentin, periodontal ligaments	
II	[α ₁ (II)] ₃	cartilage, vitreous body	
III	[α ₁ (III)] ₃	skin, vessels, lungs, gingiva, cement, dentin, periodontal ligaments	
V	[α ₁ (V)] ₃ , [α ₁ (V) ₂ α ₂ (V)] skin, smooth muscle, bone, cement, dentin	

Types of collagen

Some collagens associated with fibrils

Туре	Molecular structure	Occurrence
VI	$[\alpha_1(VI) \alpha_2(VI) \alpha_3(VI)]$	laterally associated with collagen type II, widely present, bone, gingiva, cement, periodontal ligaments
IX	$[\alpha_1(IX) \alpha_2(IX) \alpha_3(IX)]$	laterally associated with collagen type II, cartilage, vitreous body, periodontal ligaments
XII	$[\alpha_1(XII)]_3$	associated with collagen type I in soft tissues.

periodontal ligaments

Oveview of collagens

- Some net forming collagens
- Type Molecular structure

Occurrence

IV $[\alpha_1(IV)]_2 [\alpha_2(IV)]$

basal membranes, formation of two-dimensional net gingiva, periodontal ligaments

Increased collagen synthesis • fibroses

Decreased collagen synthesis

- genetic disorder
- acquired disorders

Increased collagen synthesis - FIBROSIS

- hepatic cirrhosis
- pulmonary fibrosis
- atherosclerosis

Tissue damage stimulates collagen synthesis by fibroblasts

 e.g. damaged hepatocytes are replaced by fibrous connective tissue – hepatic cirrhosis

Increased collagen synthesis

 bacterial infections also stimulate collagen synthesis

Prevention of infection spreading – ABSCES

X

Some bacteria (Clostridia) produce collagenases, which degrade tropocollagen.

Decreased collagen synthesis

- Genetically conditioned
 Ehlers-Danlos syndrome
 - osteogenesis imperfecta
- Acquired disturbances
 - lathyrism
 - copper deficiency
 - vitamin C deficiency

Ehlers-Danlos syndrom

 heterogenous group of diseases caused by defects of enzymes necessary for synthesis of collagen or by abnormalities in the procollagen gene

Manifestations

- extreme extensibility of connective tissue and skin
- hypermobility of joints
- contortionists
- risk of rupture of vessels or of the intestine

Osteogenesis imperfecta

- group of diseases caused by mutation in collagen type I
- exchange of Gly for an AA having larger side chain
- formation of triple helix is not possible
- degradation of polypeptide chains not forming triple helix

Manifestations

- abnormal bone fragility
- bone fractures even in small injuries
- in more serious cases prenatal fractures

Lat. imperfectus incomplete

Dentinogenesis imperfecta

- group of diseases caused by mutation in $\alpha_1(I)$
- associated with osteogenesis imperfecta

Manifestations

- thin enamel
- discolouring of teeth (yellow, brown, grey)
- opalescence of the teeth
- Iower mechanical resistance of the teeth

Disturbance of cross-link formation

- Causes
 - copper deficiency (part of lysyloxidase)
 - animal food containing β-aminopropionitrile (contained in seeds of sweet pea – Lathyris odoratus) - blocks lysyloxidase – lathyrism

$$\begin{array}{c} \mathsf{N} \\ \mathsf{C} \\ \mathsf{C} \\ \mathsf{C} \\ \mathsf{H}_2 \end{array} \\ \mathsf{H}_2 \\ \mathsf{H}_2 \end{array} \\ \mathsf{H}_2 \\$$

Manifestations

extreme fragility of connective tissue (bones, vessels)

ELASTIN

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Elastin is the main protein of elastic fibers, providing elasticity to the tissues.

Elastin

Occurrence

- in arteries, particularly in aorta
- in skin, tendons and loose connective tissue (relatively low content)
- in lungs

Synthesis takes place in early development or after tissue damage Half-time is approximately 70 years (lower content in elderly people).

Elastin

Properties

EXTENSIBILITY AND CONTRACTILITY

- resembles the rubber
- after extension elastin is able to return to original size and original form
- tensile strength is lower than in collagen
- hydrophobic, practically insoluble in aqueous solutions

Primary structure of elastin

Occurrence of amino acids

- 1/3 glycine
- high content of nonpolar AA (Ala, Val, Leu, Ileu)
- low hydroxyproline
- no hydroxylysine elastin is not glycosylated

Sequence of amino acids

typical triplet as in collagen is not present

Alternation of short hydrophobic and hydrophilic sections. Hydrophilic sections, which represent a minority part, are rich in lysine, which takes part in forming of cross - links.

Secondary and tertiary structure of elastin

Secondary structure

- elastin does not form a regular secondary structure
- elastin has an character of random coil conformation enabling extension and contraction

Tertiary structure

a stable secondary structure is not expressed

Elastin synthesis



Cross-links in elastin

Cross-links

- there is a large number of covalent cross-links in elastin
- some are similar as in collagen
- key step is an oxidative deamination of some lysine residues by coppercontaining lysyloxidase (the same enzyme as in formation of cross-links in collagen)
- cross-links may be formed within one polypeptide chain or between 2 4 chains

Desmosine

- cross-link completely specific for elastin
- arises from 4 side chains of LYSINE (3 oxidized and 1 nonoxidized)
- determines the high elasticity of elastin

Linking of polypeptide chains of elastin by cross-links constitutes a threedimensional netting explaining the "rubber-like" properties of elastin.

GLYCOSAMINOGLYCANS

Glycosaminoglycans (GAG) (Mucopolysaccharides)

Characteristic

- heteropolysaccharides (100% polysaccharides)
- not branched polysaccharide chains
- long chains (70 200 monosaccharides)
- repeating disaccharide units

Muco - these substances were first detected in mucus

Glycosaminoglycans

Polysaccharide chain of GAG is formed by repeating disaccharide units.

[URONIC ACID - AMINO SUGAR]_n OR [MONOSACCHARIDE - SULFONATED AMINO SUGAR]n

Glycosaminoglycans

Uronic acids present in GAG



Glycosaminoglycans

Amino sugars present in GAG




Modifications of amino sugars in GAG

- Acetylation of aminogroup elimination of a positive charge
- Attachment of a sulphate on OH C-4 or C-6 (ester bond), or on nonacetylated amino group – increase of a negative charge

Characteristics

- high number of acidic groups
 - - COO- (uronic acids)
 - $-OSO_3^-$ (amino sugars with sulphate groups)
- highly negative charge at physiological pH (polyanions)



Characteristic (cont.)

- chains repel each other and in solution tend to straighten
- negatively charged groups bind cations Na⁺, K⁺
- osmotically active
- strongly hydrophilic (1 g proteoglycans/50 g of water)
 - occupy larger volume when compared with proteins
- in low concentrations form hydrated gel
 - determine the turgor of extracellular matrix
- act as a filter allowing the diffusion of small molecules (e.g. ions, water) and prevents the diffusion of proteins and movement of cells

Types of glycosaminoglycans

Seven types (groups) of GAG

 differ in occurrence of monosaccharides, type of glycoside bond, grade and localisation of sulphate groups

Chondroitin-4-sulphate

- cartilage
- bone
- vascular wall
- 🛛 aorta
- o cornea
- dentin, cement
- gingiva, periodontal ligaments

Repeating disaccharide GLUCURONATE

+ N-ACETYLGALACTOSAMINE-4sulphate

Chondroitin-6-sulphate

- embryonal connective tissue
- heart values
- cartilage
- bone
- vascular wall, aorta
- o cornea
- predentin, cement
- periodontal ligaments

Repeating disaccharide GLUCURONATE

+ N-ACETYLGALAKTOSAMINE-6-sulphate

Chondroitin-4-sulphate Chondroitin-6-sulphate

Both are the most abundant GAG in the body Both bind collagen and firmly connect the fibrils. Depletion of chondroitinsulphate in the cartilage is the main cause of osteoartritis.

Keratansulphate

- intervertebral disc
- bone
- o cornea
- predentin, cement
- periodontal ligaments

Repeating disaccharide GALACTOSE +

N-ACETYLGLUKOSAMIN-6-sulphate

No uronic acid !!

Dermatansulphate

- predominantly in skin
- vessels, heart valves
- tendons
- Iungs
- gingiva, periodontal ligament
- cement

Repeating disaccharide

+ N-ACETYLGALAcTOSAMIN-4-sulphate

Differs from chondroitin-4-sulphate only by inverse configuration on C-5 in glucuronate, changed by epimeration to iduronate.

Heparin

- deposited intracellularly in granules of mastocytes along arteries in the liver, lungs and skin
- anticoagulant effect

Heparansulphate

- extracellularly deposited in basal membranes and cell surfaces
- larger than heparin
- gingiva, periodontal ligaments, cement

Repeating disaccharides

IDURONAT-2-SULPHATE + N-SULPHO-GLUCOSAMIN-6-SULPHATE

Groups of glycosaminoglycans

Hyaluronic acid (hyaluronate)

Repeating disaccharide GLUCURONATE + N-acetyl-GLUCOSAMIN Both monosaccharide units are glucose derivatives. They do not contain any sulphate groups.

- Characterized by abnormal length (up to 25 000 disaccharide units Mr 10⁶ 10⁷)
- Polysaccharide chain is coiled to levorotatory helix stabilized by intramolecular hydrogen bonds.

Groups of glycosaminoglycans

Hyaluronic acid (hyaluronate)

Occurrence

- proteoglycan aggregates
- vitreous body
- synovial fluid (lubricating function)
- umbilical cord
- production increases during wound healing
- gingiva, periodontal ligaments
- cement

Hyaluronic acid (hyaluronate)

Hyaluronate unlike other GAG is not bound covalently to any core protein.

Х

Hyaluronate forms with other proteoglycans aggregates.
Proteoglycans are attached noncovalently to hyaluronate by the N-end domain of the core protein (electrostatic interaction) with the help of link protein. Hyualuronate



Proteoglycan (glycosaminoglycans and core protein)

Forms of GAG existence

part of larger structures (proteoglycans)



independent molecules (heparin, hyaluronate)

PROTEOGLYCANS

Proteoglycans are formed by glycosaminoglycans, attached to core protein.

Proteoglycans

Glycosaminoglycan (non branched saccharide chain)

Proteoglycan (glycosaminoglycans and core protein) Proteoglycan aggregate (proteoglycans and hyaluronate)

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Hyualuronate

Proteoglycans

Function of proteoglycans

- increase of the pressure resistance
- sieve for macromolecules restriction of their diffusion
- Iubrication effect
- hydratation of joint cartilages
- adhesion of cells and their migration
- involvement in the development of cells and tissues
- binding of signal molecules
- in bone tissue binding of calcium salts



Glycosaminoglycans (except for hyaluronate) are covalently bound to so called core protein.

Parts of proteoglycans

- Glycosaminoglycans (polysaccharides)
 95 %
- Protein

Core protein

5 %

Glycosaminoglycans

Proteoglycans

Attachment of glycosaminoglycan chain to core protein:

- O-glycoside bond
 - Through the reaction of -OH group of serine or threonine of the core protein with trisaccharide Xyl-Gal-Gal
- N-glycoside bond
 - Through the reaction of amide nitrogen of asparagine

Proteoglycans

- Proteoglycans are characterized by structural diversity:
 - different core proteins
 - different GAG chains
 - different length of GAG chains
- Proteoglycans differ also in localisation:
 - proteoglycans attached to basal membrane
 - interstitial proteoglycans

Selected proteoglycans

Proteoglycan	Typ GAG	Function
Versican	chondroitinsulphate dermatansulphate	forms proteoglycan aggregates with hyaluronate • cartilage, gingiva
Aggrecan	chondroitinsulphate keratansulphate	
Decorin	chondroitinsulphate dermatansulphate	 binds to collagen belongs to a group of small proteoglycan rich in leucine gingiva
Perlecan	heparansulphate	 present in basal membrane long core protein forms a barrier limiting penetration of macromolecules through the basal membrane

Selected proteoglycans

Proteoglycan	Occurrence in tissues of oral cavity	
Versikan	periodontal ligaments, cement	
Aggrecan		
Decorin	periodontal ligaments, cement, dentine	
Perlecan	development of different tissues	

ADHESION GLYCOPROTEINS

Ensure specific interactions between cells and molecules of extracellular matrix.

- Functions of adhesion glycoproteins
 - attachment of cells to extracellular matrix
 - organization of the compounds of extracellular matrix
- Long flexible molecules with several binding sites for:
 - collagen
 - other matrix proteins
 - polysaccharides
 - cell receptors (integrins cell adhesion receptors)

- Selected representatives of adhesion glycoproteins
 - fibronectin
 - Iaminin
 - osteonectin
 - chondronectin

Fibronectin

- Formed by two subunits arranged to the shape of letter V
- Binding sites for:
 - collagen,
 - heparansulphate,
 - hyaluronate
 - integrins
- Functions as a connection of cells in extracellular matrix containing fibrillary collagen

- Laminin
 - Formed by three different chains arranged to the shape of cross
 - High relative molecular mass Mr = 950 000
 - Binding sites for:
 - collagen of type IV
 - heparansulphate,
 - hyaluronate,
 - cell adhesion receptors
 - Adhesion glycoprotein of the basal membrane connect collagen type IV and other compounds of the membrane